Dasatinib and Azacitidine followed by Haploidentical Stem Cell Transplant for Chronic Myeloid Leukemia with evolving Myelodysplasia: Case report and Review of Treatment Options

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Abstract

CML presenting with a variant Philadelphia translocation, atypical BCR-ABL transcript, additional chromosomal aberrations and evolving MDS is uncommon and therapeutically challenging. The prognostic significance of these genetic findings is uncertain even as singular aberrations, with nearly no data on management and outcome when they coexist. MDS evolving during the course of CML may be either treatment-associated or an independently coexisting disease, and is generally considered to have an inferior prognosis. Tyrosine kinase inhibitors (TKI) directed against BCR-ABL are the mainstay of treatment for CML, whereas treatment modalities that may be utilized for both MDS and CML include allogeneic stem cell transplant and – at least conceptually – hypomethylating agents. Here, we describe the clinical course of such a patient, demonstrating that long-term combined treatment with dasatinib and azacitidine for coexisting CML and MDS is feasible and well tolerated, and may be capable of slowing disease progression. This combination therapy had no deleterious effect on subsequent potentially curative haploidentical bone marrow transplantation. The different prognostic implications of this unusual case and new therapeutic options in CML are discussed, together with a review of the current literature on CML presenting with different types of genomic aberrations and the coincident development of MDS.

Key words

Azacitidine
Fusion Proteins, bcr-abl
Leukemia, Myelogenous, Chronic, BCR-ABL Positive
Philadelphia Chromosome
Protein Kinase Inhibitors
Introduction

Chronic myelogenous leukemia (CML) is a chronic myeloproliferative disorder that is driven by the BCR-ABL oncogene. The reciprocal BCR-ABL translocation involves chromosomes 22 and 9 and leads to a fusion gene that encodes a constitutively active oncogenic kinase, typically referred to as p210BCR-ABL1. Details of the molecular pathogenesis of CML have been described in numerous seminal papers and excellent reviews [1]–[4]. Tyrosine kinase inhibitors (TKI) that inhibit BCR/ABL signaling have become the gold standard of CML treatment, with five TKIs presently approved for clinical use: imatinib was followed by dasatinib, nilotinib and bosutinib as second generation TKIs and ponatinib as third generation TKI. Together with rigorous cytogenetic and molecular monitoring of treatment response, this armamentarium has transformed CML from a mostly fatal leukemia to a disease with an excellent prognosis in the vast majority of patients, the goal of a normal life expectancy and even prospect for cure in a subset of patients. The nearly invariable transition from an initial chronic phase to accelerated and ultimately blast phase in the pre-TKI era has become exceedingly rare [5]. Importantly, the prognosis of patients that do experience such progression remains very poor despite all currently available treatment options. Consequently, patients destined to do poorly should be identified at an early stage. This relies on two complementary strategies, i.e. i) evaluation of the prognosis at diagnosis using a variety of scoring systems, such as the EUTOS, Sokal or Hasford scores [6]–[8] and ii) assessment of the speed of hematologic, cytogenetic and molecular responses during first-line or second-line therapy. The European Leukemia Net (ELN) provides distinct recommendations for CML treatment based on classification of a patient’s response as optimal or failure [9]–[11]. Additional warning signs that warrant close supervision, but for which no unequivocal treatment guidelines have been defined include additional chromosomal aberrations (ACAs), either in the Ph positive clone or in Ph negative cells as evidence of clonal evolution, and atypical BCR-ABL1 transcripts. These aberrations, which may be identified at diagnosis or during therapy have been variably associated with an inferior or uncertain prognosis. By themselves none of these findings are considered an unequivocal trigger for changing therapy, although cytogenetic findings consistent with the
presence or development of a myelodysplastic syndrome, e.g. monosomy 5 or monosomy 7, are considered ominous signs.

Myelodysplastic syndromes (MDS) are a group of diseases of the hematopoietic stem cell characterized by peripheral cytopenias that variably effect erythro-, thrombo- and granulopoiesis and an increasing proportion of BM blasts. As in CML, prognosis and treatment are based on several clinical scoring systems. Treatment of MDS is stage-dependent and includes supportive care (transfusions and antibiotic prophylaxis), disease-modifying hypomethylating agents (azacitidine and/or decitabine) to stabilize the course of the disorder and delay acceleration into an acute myelogenous leukemia [12]–[14] or allogeneic stem cell transplantation in the small subset of patients deemed fit enough to undergo this procedure. In rare cases, MDS develops during treatment for CML [15]; no standard therapy has to date been established for patients in whom both diseases coexistent.

In this report we describe the case of a 41 years old female diagnosed with CML, whose clinical course was characterized by several of the above mentioned features: an atypical transcript, ACAs and an evolving MDS (see Tab.1).

**Case report**

A 41 years old female presented in 01/2001 with bone pain, leuko- and thrombocytosis. Her WBC was 19.000/µl, ANC: 14.000/µl, Hb: 13.4 g/dl and platelets: 517.000/mm³ (see Fig.1A-C). Cytogenetic analysis revealed a variant BCR-ABL1 translocation (46,XX.t(9;22;17)(q34;q11;q24)) (9 of 9 metaphases) (see Tab.2). Molecular genetic analysis by direct sequencing identified an atypical BCR-ABL1 transcript (p190Bcr-Abl (b2a3)), also referred to as (p190Bcr-Abl (e1a3)) according to revised nomenclature[16]. A diagnosis of Ph+CML in chronic phase was established. Treatment with hydroxyurea was initiated in 02/2001. This resulted in control of WBC but no molecular response. Interferon-α was contraindicated due to clinical depression. Two years and 3 months after diagnosis (05/2003), imatinib was started at an initial dose of 400mg/day. Peripheral edema necessitated dose reduction to 300
mg/day. The BCR-ABL1/ABL1 ratio decreased to 18% after one year (04/2004) (detected with a p210-transcript assay via RT-PCR, with G6PD as housekeeping gene) and imatinib was continued at 300mg/day. After 2 more years a non-variant translocation (46,XX,t(9;22)[19/25]) was observed by cytogenetic analysis, accompanied by an increasing BCR-ABL1/ABL1 ratio (62% detected with an p210 transcript assay via RT-PCR). The imatinib dose was increased to 300/400mg alternating per day (see also Fig.2). Neither the variant translocation nor the atypical BCR-ABL1 transcript were detectable at that time using a p210 RT-PCR assay and nested PCR approach. Despite failure of TKI treatment the patient refused an allogeneic hematopoietic stem cell transplantation (HSCT).

Shortly thereafter (06/2006) hematologic CR was lost with left-shift in the peripheral blood smear and mild to moderate cytopenia (WBC 2.61/nl, ANC 0.9/nl, plts. 138/nl and Hb 12.7 g/dl; see Fig.1A-C). Cytogenetic analysis (08/2006) revealed the same variant BCR-ABL translocation that had been observed at initial diagnosis, (46,xx,t(9;22;17)[4/20]) in conjunction with a newly occurring monosomy 7 (45,XX,-7 [16/20]) (see Tab.2). At that timepoint no BCR-ABL mutation was detectable in sanger sequencing. Imatinib was switched to Nilotinib 400mg/BD within a clinical trial, with hematologic remission within 2 months and a complete cytogenetic remission of the Ph positive CML within 14 months but persistence of the monosomy 7 in all metaphases (45,XX,-7 [19/19]) (see also Fig.2 and Tab.2). Accordingly, monosomy 7 was present in the Ph negative clone.

Cytogenetic remission with respect to the t(9;22) lasted for an additional year until cytogenetic relapse occurred in 04/2008 (46,XX,t(9;22;17)[3/21]; 45,XX,-7 [18/21]) and treatment was switched to dasatinib (50mg/day). Ph-negativity was regained within 3 months, with persistence of monosomy 7 in bone marrow cytogenetics (45,XX,-7 [20/20]) in 08/2008. This coincided with worsening of cytopenias, appearance of profoundly dysmorphic megakaryopoiesis and erythropoiesis and severely reduced granulopoiesis by bone marrow examination, without an increase of blasts; the additional diagnosis of an MDS was established (see Fig.1A-C,2). The IPSS and WPSS scores were intermediate-1 and high, respectively. Dasatinib was continued to maintain control of CML and azacitidine was added in 12/2008 at
a dosage of 75mg/m² s.c. for five consecutive days (days 1 to 5 of a 4 weekly treatment schedule, reduced dosage due to present cytopenia). Azacitidine administration was changed to i.v. infusion after severe skin irritation with s.c. administration. Combined dasatinib and azacitidine was continued for another three years with a sustained complete cytogenetic response of the Philadelphia positive clone, whereas monosomy 7 continued to be detected in 90% to 100% of metaphases on bone marrow analysis (see Tab.2). Peripheral blood counts showed transfusion independent anemia (grade 1-2), mild thrombocytopenia (grade 1-2) and grade 4 (severe) granulocytopenia (see Fig 1).

Cytogenetic relapse of the CML with reappearance of the t(9;22;17) in 2 of 21 metaphases and clonal evolution with a new distinct clone with t(2;22) in 6 of 21 metaphases was observed in 05/2011 (10 years after initial diagnosis and 2,5 years of combination therapy), with additionally no detectable BCR-ABL mutation upon sanger sequencing. All remaining metaphases demonstrated monosomy 7 (13 of 21 metaphases) (see Tab.2). Molecular genetic analysis revealed KRAS, ASXL1 and ETV6 mutations (see Fig.2), which by backtracking analysis of prior diagnostic bone marrow samples had not been present at initial diagnosis of CML and also not at development of myelodysplasia.

In view of persisting MDS with clonal evolution and resistant CML by cytogenetics the patient agreed to undergo an allogenic HSCT. As no matched related or unrelated donor could be identified, haplo-identical bone marrow transplantation (BMT) was performed in 09/2011 with one of her daughters as stem cell donor. Dasatinib and azacitidine were discontinued prior to start of the conditioning which included thiotepa, i.v. busulfan and fludarabine. GvHD prophylaxis was conducted with posttransplant cyclophosphamide and the conitnous treatment with mycophenolate-mofetil (MMF) and cyclosporine A (CSA). The patient engrafted and haematopoiesis recovered adaequately with complete donor chimerism. The BMT resulted in complete recovery of peripheral blood counts after 19 days (granulocytes >0,5/nl) resp. 30 days (thrombocytes >50/nl) (see Fig.1A-C), and complete cytogenetic and molecular remission.
The patient developed a mild acute grade 1 graft versus host disease (GvHD) of the oral cavity, which was treated with prednisolone. One year after BMT she developed a steroid dependent moderate chronic GvHD.

Complete cytogenetic and molecular remission persisted until 2.5 years after BMT, when atypical BCR-ABL1 transcripts were again detected by nested PCR, but a quantitative RT-PCR assay could not be performed due to the atypical transcript. Cytogenetics were normal and full donor chimerism persisted in the bone marrow. Treatment of molecular relapse with nilotinib led to a disappearance of BCR-ABL1 transcript in nested PCR analysis, even though nilotinib was discontinued after 28 days because of gastrointestinal and musculoskeletal side effects and elevated liver function tests (transaminases). Except for two analyses revealing low level atypical BCR-ABL1 transcripts on day +1036 and day +1477 by nested PCR, which disappeared without treatment at both time-points, the patient has to date remained in complete cytogenetic and molecular remission with respect to both CML and MDS-associated aberrations.

In summary this disease and treatment course of CML with atypical BCR-ABL1 transcript, MDS and clonal evolution demonstrates the initial coexistence of two distinct diseases with development of TKI-refractory CML in the absence of a BCR-ABL kinase domain mutation. Moreover, to our knowledge for the first time demonstrate that long-term combined treatment with dasatinib and azacitidine is feasible and well tolerated, and may be capable of slowing disease progression. This combination may also be warranted for treatment of CML patients responding poorly to standard therapy.

**Review of the literature**

The above case provides several interesting insights into the relation of evolving cytogenetic and molecular findings during the development of CML-associated myelodysplasia, the kinetics of clonal evolution and therapeutic options in the face of TKI failure. We here review
these different aspects and the current understanding of their impact on prognosis, and discuss them in context of the individual patient described above.

**Variant Bcr-Abl translocations and atypical transcripts**

Variant BCR-ABL translocations involve more or other chromosomes than chromosomes 9 and 22. Their frequency in CML patients is approximately 6% [17], [18] and in the pre-imatinib era the prognosis was suggested to be inferior [2], [19], [20]. With TKI-based therapy conflicting results have been reported: an inferior prognosis was suggested by Stagno et al. based on a small cohort of 10 CML patients treated with imatinib or nilotinib as first-line therapy (7 suboptimal response, one TKI failure and 2 optimal responses) [21]. In contrast El-Zimarty and Marzochchi et al. reported that response and outcome of 30 patients treated with imatinib was identical to that of 44 patients harboring the common t(9;22) translocation in terms of CCyR, MMR [18], [22]. Variant translocations have been speculated to be markers of genomic instability [20], [21] with a consequently inferior prognosis, but they do not constitute a warning sign according to ELN criteria [11] (see also Tab.1).

Atypical BCR-ABL1 transcripts have different sizes and breakpoints compared to the usual p210 or p190 transcript and have been reported in approximately 1-2% of BCR-ABL1 positive ALL patients [23] and more sporadically in CML [24]–[27]. Atypical transcripts are usually noticed on polyacrylamide gel in conventional PCR because of their different size, but may be missed in some cases. Failure to identify atypical transcripts can have a negative impact on treatment outcome due to inadequate disease monitoring (see also Tab.1). As in our case, quantification in RT PCR assays can be difficult, particularly when transcript numbers are low. Therefore, qualitative detection in a nested PCR approach can be helpful. The p190\(^\text{Bcr-Abl}\) b2a3 (or e1a3) transcript detected in our patient has so far been reported only in rare cases of CML [28], [29] and ALL[30], [31]. It has been proposed that atypical transcripts lacking exon a2 should have a more benign course of the disease [16], [28]. In line with this, several
publications describe a benign course under TKI treatment in CML patients with these
transcripts [32]–[36] (see also Tab.1).

Contrary to these reports, our patient displayed an unfavorable course of the disease with
primary resistance to imatinib, an only brief CCyR of less than a year duration on nilotinib and
a temporary cytogenetic response to dasatinib, leading to the indication for allogenic SCT as
discussed below.

Additional chromosomal aberrations (ACAs) in Ph-positive clones

Additional chromosomal aberrations (ACAs) can occur in the Ph positive and Ph-negative
clones. ACAs in the Ph-positive clone occur in approximately 5% of patients overall, and
increase in frequency in late chronic, accelerated and blast phase CML (30-80%) [37].
Chromosomes Y, 7, 8 or 19 are involved most frequently [37], [38]. Presence of ACAs already
at diagnosis has been suggested by Luatti et al. to have a negative impact on prognosis with
imatinib, based on delayed achievement of CCyR and MMR. These authors propose closer
monitoring, in particular with major route chromosomal aberrations [37]. ACAs in a Ph-positive
clone developing during TKI are considered hallmarks of clonal evolution, and are variably
associated with imatinib-resistance [38]. While some studies showed no adverse impact of
ACAs on the probability of achieving a MMR, other reports have linked ACAs with an adverse
prognosis with TKI treatment (imatinib) [39]–[41] as well as in the pre-TKI era [42]. Despite the
uncertain clinical relevance of ACAs representing clonal evolution, current ELN guidelines
consider ACAs as a „warning sign“ [11].

Additional chromosomal aberrations (ACAs) in Ph-negative clones

The appearance of ACAs in Ph-negative cells is a rare occurrence, has been observed under
treatment with interferon-α and imatinib [43], and most frequently involves chromosomes 8,7
and Y. Unmasking of preexisting ACAs by treatment appears to be the most common cause
[44], but the possibility that imatinib itself could induce ACAs by impairing DNA damage repair
has been raised in several preclinical reports [45]–[47]. The overall role of imatinib in promoting ACA development remains unclear, however [44]. The clinical relevance of ACAs in a Ph-negative clone is also uncertain. Most ACAs are typical of those seen in AML and MDS, but very few CML patients with ACAs actually developed clinically overt MDS (11%) and progression to AML appears to be even less frequent [43], [48], [49]. The clinical course following emergence of ACAs is highly variable: Some studies report an incidence of ACAs of 3.4% to 8.7% under imatinib treatment, a median time to appearance of 13.3 months and no association with MDS or CML progression [48], [50], [51] or a negative impact on outcome [17], [52] and in some cases even an only transient appearance is described [50]. The presence of ACAs in Ph-negative seem to have no impact on the median time to CCyR with imatinib-treatment, or on overall and progression free survival [52] (see Tab.1).

In monosomy 7 in particular, results are variable: Kovitz et al. identified 17 patients treated with imatinib who developed MDS or AML. Ten of these patients had chromosome 7 abnormalities, in 5 cases a monosomy 7, suggesting that monosomy 7 denotes a higher probability for appearance of an MDS [53]. Other published reports on small series of MDS cases coinciding with ACAs suggest a poor prognosis of patients with monosomy 7 [53], [54]. In 2011 Groves et al. reported that patients with monosomy 7 or del(7q) in Ph neg. clones in CML have a significant risk of a second myeloid malignancy, with 15 of 50 patients developing MDS or AML within 6 months of ACA detection [55]. However, benign disease course has also been described [56], without the appearance of MDS despite of the presence of monosomy 7 [48], [50], [51].

In summary, detection of ACAs warrants continued cytogenetic analyses rather than reliance on monitoring only of BCR-ABL1 transcripts. Any therapeutic interventions have to be considered on the basis of the individual ACA. For example, appearance of monosomy 7 alone, without clinical signs of myelodysplasia is a warning sign but does not constitute an indication for MDS-directed therapy [52]. These patients should be monitored closely in order not to miss development of MDS, but for individual patients, clinical decisions need to consider the considerable heterogeneity in outcome among patients with monosomy 7 and dysplasia, as
both benign courses as well as rapid progression to AML have been described. Further studies are needed to elucidate the reasons underlying the variable prognosis of CML patients with ACAs and myelodysplasia.

Myelodysplasia in CML

Myelodysplasia in CML patients can be observed as TKI-related side effect and as a development of an MDS/MPN overlap syndrome [57]. An MDS may be suspected in case of unexplained cytopenia, which must be distinguished from the initial and usually transient cytopenia that may occur during the early period of TKI therapy, which if prolonged is an adverse risk feature in CP-CML, and from the cytopenias associated with accelerated phase CML [15]. The frequency of severe neutro- and thrombopenias and anemia are reported in a range of 4%-21%, 2%-12% thrombopenia and 0%-10%, respectively and are comparable with nilotinib and dasatinib treatment [58]. Overall, MDS is a rare cause of cytopenia in patients with CML [15], [53]; a causal relationship with TKI treatment has been postulated partly because MDS has not been observed during interferon-alpha treatment [59]. Coexistence of dysplasia and myeloproliferative features resembling an MPN/MDS overlap syndrome constitutes a specific entity classified as atypical CML/MDS [60]. It is defined as a BCR-ABL1 negative disease with less than 20% blasts in the bone marrow and hypercellular granulocytic expansion with dysplasia by WHO criteria [61], [62] and for which no certain therapy has been established to date [63]. The association between ACAs typical of MDS, e.g. monosomy 7 and myelodysplasia is described above and in Tab.1.

In our patient, MDS was initially classified as intermediate-1 by IPSS and high by WPSS. Clinical evidence for myelodysplasia was first noted 7.5 years after CML was diagnosed and 5.5 years after detection of monosomy 7, which coincided with start TKI-therapy, illustrating the long latency period until the myelodysplasia became clinically apparent.
**Recurrent molecular aberrations**

During the course of the disease our patient developed 3 additional mutations: KRAS, ASXL1, and ETV6. Backtracking by molecular analysis of cryopreserved probes demonstrated that these genomic aberrations had not been present when MDS was clinically first diagnosed (see Fig.2). KRAS belongs to the RAS superfamily of signaling proteins. Aberrant RAS function is associated with hyperproliferative developmental disorders and cancers [64], [65]. KRAS mutations occur with a frequency below 5% in different subtypes of MDS and its prognostic relevance remains uncertain [66]. In CML, RAS mutations are very rare and their precise role in disease development and prognostic relevance is controversial [64], [67], [68] although they have been associated with imatinib resistance in individual patients with CML [69]. ASXL1 is a histone modifying enzyme and therefore it is a part of the epigenetic regulatory machinery. Loss-of-function mutations of ASXL1 are found in 11-21% of MDS patients and in 10-15% of patients with myeloproliferative syndromes and are associated with a poor prognosis [70]–[73]. In CML, ASXL1 mutations have been reported in CP and BP and are relatively frequent [71]. It is not clear whether they are late or early events during disease development but they seem to contribute to disease progression [74]. ETV6 encodes a transcription factor and is frequently involved in translocations and deletions in hematologic malignancies [75]. ETV6-PDGFRB translocations for example have been described in AML secondary to MDS and in MDS patients with high risk features [76], [77]. A large study by Haferlach et al. revealed that ETV6 rearrangements occur rarely in MDS (0.2%) [75], whereas data on ETV6 mutations in CML is extremely limited, with few case reports [78] and an apparent association with atypical BCR-ABL1 negative CML [79]. Therefore it’s prognostic impact is unknown to date (see Tab.1).

In our patient, the appearance of KRAS, ASXL1 and ETV6 mutations were markers of disease progression and considered to portend an unfavorable prognosis (see Fig.2), which in conjunction with appearance of myelodysplasia prompted addition of azacitidine. To date, no other data on prolonged combined treatment with TKI and a hypomethylating agent in the setting of CML chronic phase and myelodysplasia had been reported.

**Treatment options for TKI failure in CML**
The criteria for TKI failure are regularly updated and are described in the ELN guidelines [11]. They include a lack of hematologic, cytogenetic and molecular responses at specified timepoints (3, 6 and 12 months after TKI start). Therapeutic options include a switch to other 2nd or 3rd generation TKIs considering kinase domain mutational status and risk of side effects, HSCT (extensively reviewed by [80]–[90]) or experimental treatment in a clinical trial [11]. Novel agents in current clinical testing include allosteric BCR/ABL inhibitors (ABL001) [91]–[93], autophagy inhibitors (hydrochloroquine) [94]–[96], JAK2 inhibitors (Ruxolitinib) [97] and modulation of immune checkpoints by antibodies, e.g. nivolumab [98]–[103]. Notably, there are no reports to date on the outcome of transplantation in CML-associated myelodysplasia as described in this report.

**TKI treatment after allogeneic HSCT**

As HSCT is performed today mainly in high risk CML patients in case of TKI failure [80]–[90] a post-transplant TKI strategy becomes more and more important. Current recommendations suggest clearly a continuation of TKI treatment after HSCT if performed due to BC [104]. If HSCT was performed in AP or CP-CML there are in principle a preemptive and a MRD triggered approach like in Ph+ ALL [105]. To date there are no clear recommendations on that, but a strict MRD monitoring is essential after HSCT and in case of TKI treatment one has to consider the following caveats: Data is available mainly for Imatinib, but most patients who underwent transplant showed initial resistance to Imatinib and data about second and third generation TKIs are limited. If TKIs are administered prophylactically, TKI treatment can be started within the first month after HSCT and is in general well tolerated [106], although one hast to be aware of drug to drug interactions (immunsopressive treatment) and a potential weak haematopoiesis. In case of relapse upon routine Bcr/Abl measurement, molecular, cytogenetic and haematologic relapse after HSCT can often successfully be treated with TKIs [107] and there is also an option in donor lymphocyte infusion in combination with TKI treatment [108].

**Rationale for Azacitidine and TKI combination therapy**
Clinical experience with hypomethylating agents in CML is limited. High-dose decitabine was reported in a study with CML patients in accelerated or blast phase in the pre TKI era [109]. Decitabine at a dose of 750-1000 mg/m² per course for 5 days was administered to 20 patients in blast phase and 17 patients in accelerated phase. Objective response rate was 25% and 53% in blast phase and accelerated phase, respectively. Patients in blast phase reached CHR in 10%, pCyR in 5% and 15% had bone marrow CR without platelet recovery. Of the patients treated, 35% returned to second chronic phase (with 2 patients showing pCyR) and 18% showed hematologic improvement or partial hematologic response. Low-dose decitabine was administered to 5 CML patients at a dose of 15-20mg/m² intravenously for a 10, 15 or 20 day cycle (1 chronic, 1 accelerated and 3 blast phase patients). 2 patients achieved a partial and 2 a complete hematologic response [110]. The same group reported a phase II study of low-dose decitabine in CML patients resistant to imatinib. 12 patients in chronic, 17 patients in accelerated and 6 patients in blast phase were treated with 10-15 mg/m² for 10 days every 6 weeks. A CHR was reached by 17-50%, e a pHR in 33-17%, a major CyR in 17-25% and a minor CyR in 17-33% of patients [111]. Azacitidine treatment in combination with immunosuppressive drugs have been reported to be beneficial in rare cases of MDS [112]. The combination of a hypomethylating agent and a TKI was tested in two interesting studies: in a phase II study combining low-dose decitabine (15 mg/m² for 5 days) with imatinib (600mg /day) in patients with accelerated (n=18) and blast phase (n=10), the CHR rate was 20% and 39%, respectively, and the major CyR rate 17% and 20% [113]. In another study reported by Ghez et al., 5 patients in myeloid blast crisis were treated with the combination of 5-azacitidine for 7 days in 28 day cycles in combination with a second generation TKI. All patients achieved a CHR and two showed a CyR and a MMR after 3-10 months of treatment [114]. The feasibility and efficacy of long term combination of a TKI for MDS secondary to CML has not yet been explored. Our patient had an indication for treatment with azacitidine on the basis of her worsening risk score (evolving to intermediate-2 after 6 months after diagnosis), with persistent grade 3-4 neutropenia, transfusion dependency and increasing bone marrow fibrosis. Initially it was
difficult to distinguish whether the dysplasia with cytopenia was therapy-associated or reflected progression of CML. Allogeneic HSCT was indicated based on the course of her CML but no matched sibling or unrelated donor was available, and no 3rd generation TKI was approved at that time. The decision for combining azacitidine and dasatinib was made in the face of the following caveats: lack of data on combined dasatinib and azacitidine, the risk of aggravating cytopenia and the potential for drug-drug interactions. The subsequent clinical course was characterized by sustained CCyR, but with persistence of detectable BCR-ABL1 transcripts. The MDS remained clinically and cytogenetically stable for 3 years, with appearance of a K-Ras mutation as a possible negative prognostic factor for acceleration of MDS into AML [115], [116]. Despite these adverse genetic findings the patient’s clinical course remained stable for an additional several months with continued combination therapy.

Our rationale for combining a TKI with a hypomethylating agent was supported by preclinical data: DNA methylation stimulates carcinogenesis by modification of DNA expression and consecutive silencing of tumor suppressors [117]. It has been shown that DNA methylation increases in progressive disease in CML [118] and furthermore that hypomethylating agents have single-agent activity in CML even in imatinib resistant cases [111], [119]. Moreover, synergistic effects of imatinib and decitabine had previously been shown in vitro in CML [120]. Accordingly, combined administration of hypomethylating agents and TKIs had the potential for enhanced and possibly synergistic activity compared with single agent treatment.

Summary

This case demonstrates an unusual course of CML, in which a variant translocation (t(9;22;17)) and an aberrant BCR-ABL transcript (e1a3) were detected at initial diagnosis, the latter being apparent not by routine RT-PCR but in nested PCR analysis. Primary treatment failure in response to imatinib according to ELN guidelines [11] prompted switching to Nilotinib but was complicated by acquisition of additional chromosomal abnormalities (monosomy 7) in a Ph negative clone. Nilotinib treatment resulted in a transient CCyR but no major molecular response (MMR). Cytogenetic relapse accompanied by pancytopenia posed a diagnostic
challenge with a differential diagnosis of acceleration of the CML or emergence of b MDS. This
cytogenetic relapse was treated with a switch to Dasatinib. Based on cytologic features during
the further disease course, with pronounced dysplasia of the megakaryocyte and erythroid
lineages, severe granulocytopenia but normal blast cell content, and cytogenetic detection of
monosomy 7, a diagnosis of MDS was established. This prompted addition of azacitidine to
dasatinib treatment, which was well tolerated and achieved prolonged clinical stabilization.
Subsequent evidence of clonal evolution was development of a K-RAS mutation and loss of
cytogenetic remission after 4 years under combination treatment.
Haploidentical BMT was performed as potentially curative therapy, resulting in a sustained
complete cytogenetic remission, full donor chimerism and undetectable BCR-ABL1 (checking
for both typical and atypical transcripts) except for one intercurrent molecular relapse 2.5 years
after transplant that was successfully treated with Nilotinib and two further detections revealing
low level atypical BCR-ABL1 transcripts on day +1036 and day +1477 disappearing without
treatment.
This case exemplifies the feasibility of long-term combined therapy with a hypomethylating
agent and a TKI in patients with CML coincident with MDS, but also highlights the continued
importance of allogeneic HSCT, including alternative donor transplant, as a definite curative
treatment option. The pivotal role of appropriate molecular monitoring, including of atypical
BCR-ABL1 transcripts and awareness of additional aberrations unrelated to CML but
diagnostic of a second hematologic malignancy such as MDS is also emphasized.
Author contributions

F.L. and O.G.O. treated the patient, reviewed the literature and wrote the manuscript. H.P. and S.S. analysed patient material and reviewed the manuscript. L.W., and G.B, treated the patient and reviewed the manuscript.

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All other authors declare no conflict of interest.

Ethical aspects and patient rights

The patient consented to usage of biomaterial and patient related information in an anonymised fashion according to local regulations.

Figure legends

Table 1: Uncommon prognostic features of CML represented in this case

Prognostically relevant features illustrated in this case are generally of low frequency (except of ASXL1 mutation). Nevertheless, their influence on overall prognosis, while variable ranging from worsening prognosis to an uncertain role, have to be considered and should prompt rigorous BCR-ABL monitoring even when this is technically difficult such as in case of atypical transcripts.
Table 2: Results of cytogenetic analysis

The results of the continuous cytogenetic analysis are shown and illustrate clonal evolution and development of additional chromosomal aberrations and monosomy 7 under different subsequent therapies in this case including azacitidine and dasatinib combination. The numbers of detected cytogenetic abnormal cells are indicated in [/].

Figure 1A-C Blood count:

A Haemoglobin levels

The haemoglobin levels over time represent the course of the disease showing a transfusion independent anemia (grade 1-2). Hb levels are presented in g/dl.

B Thrombocyte count

Thrombocyte count also over time reflects disease progression with mild thrombocytopenia (grade 1-2), not resulting in any bleeding complications. Thrombocyte counts are shown in thrombocytes /nl.

C Absolute neutrophil count

The absolute neutrophil count is the most sensitive parameter in the course of the disease of this patient. The progression results in a severe grade 4 (severe) granulocytopenia requiring antibiotic prophylaxis. ANC is shown in neutrophils /nl. Severe granulocytopenia did not change under dasatinib / azacitidine treatment.

Figure 2: Disease and treatment history

The emergence of different clones and molecular aberrations correlates with the development of MDS and the loss of cytogenetic response. Notably, appearance of monosomy 7 predates manifestation of MDS by 2 years. The corresponding therapeutic regimens are shown, demonstrating prolonged disease stabilization by combined dasatinib and azacitidine treatment for 4 years. The atypical BCR-ABL transcript was detectable continuously prior to SCT. Worsening of red blood count (RBC) and platelet count (Plts) are indicated by * and # respectively.
Literature


I. A. Voutsadakis and N. Maillard, “Acute myelogenous leukemia with the


prednisolone and azacitidine,


Table 1: uncommon prognostic aspects of CML in this case

<table>
<thead>
<tr>
<th>Feature</th>
<th>Frequency</th>
<th>Prognostic role in CML</th>
<th>Caveats</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Variant BCR-ABL translocations</strong></td>
<td>6%</td>
<td>Inferior in pre TKI era / unclear in TKI era</td>
<td>Speculated to be a marker of genomic instability</td>
<td>[2], [17]–[21]</td>
</tr>
<tr>
<td><strong>Atypical BCR-ABL transcripts</strong></td>
<td>sporadically</td>
<td>Uncertain</td>
<td>BCR/ABL monitoring difficult</td>
<td>[24]–[31]</td>
</tr>
<tr>
<td><strong>Additional chromosomal aberrations (ACAs) in Ph positive clones</strong></td>
<td>5% (more common in AP and blast phase: 30-80%)</td>
<td>Negative predictor if present at initial diagnosis</td>
<td>Prognostic role unclear if developed under TKI, but considered as warning sign</td>
<td>[11], [37]–[42]</td>
</tr>
<tr>
<td><strong>ACA in independent Ph negative clones</strong></td>
<td>rare</td>
<td>uncertain</td>
<td>Possibly TKI therapy induced</td>
<td>[43], [48], [49], [52]</td>
</tr>
<tr>
<td><strong>Myelodysplasia in CML</strong></td>
<td>rare</td>
<td>If associated with monosomy 7 poor</td>
<td>TKI side effects or MDS/MPN overlap syndrome</td>
<td>[15], [53]–[56]</td>
</tr>
<tr>
<td><strong>KRAS mutation</strong></td>
<td>very rare</td>
<td>Controversial prognostic role</td>
<td>association with Imatinib resistance reported</td>
<td>[64]–[69]</td>
</tr>
<tr>
<td><strong>ASXL1 mutation</strong></td>
<td>frequent</td>
<td>May contribute to disease progression</td>
<td>Poor prognosis in MDS and MPNs</td>
<td>[70]–[73]</td>
</tr>
<tr>
<td><strong>ETV6 mutation</strong></td>
<td>occasional</td>
<td>no data</td>
<td>occurs in high risk MDS</td>
<td>[75]–[78]</td>
</tr>
</tbody>
</table>
Table 2: Results of cytogenetic analysis

(Note: in all cases a female karyotype 45 XX was detected additionally)

<table>
<thead>
<tr>
<th>Date</th>
<th>Results</th>
<th>Therapy</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>17.02.2001</td>
<td>t(9;22:17) [9/9]</td>
<td>Litalir</td>
<td>Primary diagnosis</td>
</tr>
<tr>
<td>09.09.2004</td>
<td>No viable cells</td>
<td>Imatinib</td>
<td>n.a.</td>
</tr>
<tr>
<td>16.03.2006</td>
<td>t(9;22) [19/25]</td>
<td>Nilotinib</td>
<td>Partial cytogenetic remission (pCyR)</td>
</tr>
<tr>
<td>09.08.2006</td>
<td>t(9;22:17) [4/20], -7 [16/20]</td>
<td>Nilotinib</td>
<td>pCyR</td>
</tr>
<tr>
<td>24.11.2006</td>
<td>t(9;22:17) [6/20], -7 [14/20]</td>
<td>Nilotinib</td>
<td>pCyR</td>
</tr>
<tr>
<td>06.02.2007</td>
<td>t(9;22:17) [2/21], -7 [19/21]</td>
<td>Nilotinib</td>
<td>pCyR</td>
</tr>
<tr>
<td>22.05.2007</td>
<td>-7 [19/19]</td>
<td>Nilotinib</td>
<td>First complete cytogenetic remission (cCyR)</td>
</tr>
<tr>
<td>04.09.2007</td>
<td>-7 [20/20]</td>
<td>Nilotinib</td>
<td>cCyR</td>
</tr>
<tr>
<td>08.01.2008</td>
<td>-7 [21/21]</td>
<td>Nilotinib</td>
<td>cCyR</td>
</tr>
<tr>
<td>20.08.2008</td>
<td>-7 [20/20]</td>
<td>Dasatinib</td>
<td>Second complete cytogenetic remission (cCyR)</td>
</tr>
<tr>
<td>08.12.2008</td>
<td>-7 [14/16]</td>
<td>Dasatinib</td>
<td>cCyR</td>
</tr>
<tr>
<td>15.10.2010</td>
<td>-7 [20/20]</td>
<td>Dasatinib + Azacitidine</td>
<td>cCyR</td>
</tr>
<tr>
<td>03.05.2011</td>
<td>-7 [13/21], -7 der(22)t(2;22) [6/21], t(9;22;17) [2/21]</td>
<td>Dasatinib + Azacitidine</td>
<td>Second cytogenetic relapse</td>
</tr>
</tbody>
</table>
Figure 1: Blood count

A

Haemoglobin g/dl

B

Thrombocytes /nl

C

Absolute Neutrophil Count /nl
Figure 2: Disease and treatment history

CML cytogenetic response:

- **CCyR**
- **cyto. REL**
- **CCyR**

Loss of **CCyR**

K-Ras
ETV6 +
ASXL1

45,XX,-7

45,XX-7

del(22)(q11.22)

**t (9;22;17)**

Bcr-Abl + (atypical transcript: e1a3; unmutated; not quantifiable)

- **RBC**
- **Plts**


- **HU**
- **IM**
- **Nilotinib**
- **Dasatinib**

**Azacitidine 75mg/m², d1-5**

**CML-CP**

**MDS**

**SCT**