Original Article
Phospho-4e-BP1 and eIF4E overexpression synergistically drives disease progression in clinically confined clear cell renal cell carcinoma

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Abstract: Clear cell renal cell carcinoma (ccRCC), the most aggressive and lethal form of renal cell carcinoma accounts for over 90% of metastasis that occur following curative surgery for clinically confined disease. High relapse rates have prompted the evaluation of targeted therapies for the prevention or delay of metastatic disease in high-risk patients, with biomarkers offering significant potential to guide and improve patient management in this setting. In this current study we examined the value of the 4E-BP1/eIF4E axis for prognostic significance and risk stratification in patients with clinically confined ccRCC. This axis is a critical convergence point for many signalling pathways that are targeted by current therapies for the treatment of advanced RCC. Immunohistochemistry for phosphorylated 4E-BP1 (p4E-BP1) and total eIF4E was performed on tissue microarrays containing tumour cores from 135 patients with localised ccRCC. For both biomarkers 39% of all evaluable cores stained positive, with a strong correlation observed between the presence of p4E-BP1 and the overexpression of eIF4E within the same tumour (P = 0.005). Further, the combined expression of p4E-BP1 and eIF4E was associated with significantly worse disease-free survival of 2.9 vs 5.7 yrs compared to patients whose tumours expressed only one, or neither, of the biomarkers (P < 0.001). Cox-regression analysis confirmed the ability of the p4EBP1/eIF4E signature to independently identify high-risk patients with a Hazard Ratio of 4.2 (CI = 2.1-8.6; P < 0.001), compared to 3.3 for tumour grade 3 and 4, and 2.3 for tumour stage 3 and 4. These data show the powerful prognostic value of the p4E-BP1/eIF4E signature for potential management of patients with clinically confined ccRCC, and in addition provides insights into the possible key synergistic determinants of disease progression and treatment response.

Keywords: Clear cell renal cell carcinoma, ccRCC, metastatic disease, 4E-BP1, eIF4E, biomarker, prognosis, stratification, immunohistochemistry, mTOR

Introduction

Renal cell carcinoma (RCC) is a heterogeneous and complex family of kidney tumours that are comprised of several distinct subtypes of which the clear cell subtype (ccRCC) comprises 70-80% of cases and more than 90% of RCC tumour deaths [1]. The incidence of RCC appears to be rising steadily at a rate of 2.5% per year [2]. These increases reflect the detection of incidental tumours through improved abdominal imaging [3] and the increased prevalence of risk factors such as smoking, obesity and hypertension [2]. The majority of sporadic ccRCC’s arise from loss of function mutations or biallelic hypermethylation of the VHL gene [4]. At first presentation one-third of all patients with RCC will have established metastatic tumours (mRCC) and despite the introduction of molecular targeted therapies the overall 5 year survival rate of this patient group rarely exceeds 10%. Patients who present with clinically confined disease will usually undergo curative nephrectomy, however, up to 40% will eventually relapse with secondary tumours at distant sites. The clinical course in localised ccRCC is difficult to predict, even within patients who have similar clinico-pathological parameters ie. tumour stage and grade, presence of vascular and capsular invasion.
The identification of molecular signatures that accurately reflect biologically relevant pathways in RCC should prove valuable for predicting the behaviour of tumours and their response to treatment [5]. The incorporation of predictive tumour biomarkers in prognostication schemes for surveillance purposes and treatment choice is increasingly implemented [5, 6]. The number of potential tumour biomarkers reported for RCC has increased exponentially over the last decade but few have proven to have valid clinical utility. Reliable biomarkers which provide prognostic or predictive evidence and add further value above and beyond conventional histological parameters are still needed to guide patient management [7].

In recent years, much interest has focussed on the mTOR signalling pathway as a suitable drug target for the treatment of advanced cancers, particularly for mRCC. Distinct signalling cascades such as the EGFR/ERK, PI3-K/ AKT and IGF pathways are known to converge at mTOR to modulate cell growth, migration and invasion. The two most studied immediate effector molecules of mTOR are the 4E-binding protein 1 (4E-BP1) and p70S6K, which together comprise the TORC1 component of the mTOR signalling hub. The mTOR mediated phosphorylation of p70S6K activates the 40S ribosomal S6 kinase at serine-235 and serine-236 thereby initiating ribosomal biogenesis. Meanwhile, inhibitory phosphorylation of 4E-BP1 at serine-65 represents an important terminal step of a hierarchical phosphorylation cascade that reduces the ability of 4E-BP1 to bind and inactivate the translation-initiation factor eIF4E. Clinical studies have shown the inactivated phosphorylated form of 4E-BP1 (p4E-BP1) to be the most accurate single biomarker of the mTOR pathway for the prediction of disease progression in carcinomas of the ovary [8], brain [9] and prostate [10].

At the normal low cellular levels the elf4E molecule is a rate-limiting factor governing the kinetics of protein synthesis [11]. Under high levels of expression such as in cancer cells, elf4E favours the translation of mRNA subsets that have complex and highly structured 5-termini [12]. These proteins often have short-half lives and include the oncogenic growth promoting proteins cyclin D1 and c-myc and the anti-apoptotic molecules survivin and Mcl-1 [11]. Functional studies have shown elf4E to be a bone fide oncogene where its forced overexpression is sufficient alone to cause cell immortalisation and abrogation of apoptosis leading to chemo- and radio-resistance in cancer cells [13]. For example, in mice the overexpression of elf4E is able to sustain the growth of human lymphoma xenographs [14]. While in cancer cell lines derived from the prostate [10], breast [15] and endometrium [16] the targeted downregulation of elf4E is shown to induce cell death and suppress cell growth and invasion. Consistent with these pro-oncogenic properties elevated levels of total elf4E are reported in many advanced cancers including malignancies of the oesphagus [17], breast [18], liver [19] and lung [20]. Phosphorylation of elf4E at residue serine-209 by MAPK-interacting proteins, MNK1 and MNK2, leads to increases in protein synthesis and promotes tumorigenesis. However, the exact role of phosphorylated elf4E in oncogenic transformation and cancer maintenance remains uncertain as tumour levels of phosphorylated elf4E do not appear to correlate with disease progression or other aggressive features [11, 21].

This current study was conducted with archival primary tumour material from a consecutive series of 135 patients diagnosed with ccRCC and who had previously undergone presumptive curative surgery for localised disease. We found that the presence of p4E-BP1 in the primary tumour correlates in a highly significant manner with the over-expression of elf4E, and that both p4E-BP1 and elf4E serve as independent biomarkers for disease recurrence. Moreover this biomarker combination identifies a subset of patients with aggressive disease who exhibit significantly poorer disease free survival. Multivariate analysis showed that the composite co-variate of p4E-BP1/elf4E to be a powerful predictor of early relapse with a hazard ratio of 4.2 (vs 2.3 for stage pT3 & pT4 and 3.3 for Grade 3 & 4 disease). We propose that p4E-BP1 and elf4E together represent a biologically relevant molecular signature in ccRCC for the prediction of disease progression and clinical trial patient stratification which seeks to evaluate cognate molecular targeted therapies.

Materials and methods

Antibodies and reagents

Rabbit polyclonal antihuman antibodies for p4E-BP1 (Ser65) and total elf4E were pur-
Table 1. Summary of patient details

<table>
<thead>
<tr>
<th>Patient breakdown (n=135)</th>
<th>Age (years)</th>
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<th>T Stage</th>
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<td></td>
<td></td>
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<td></td>
<td>20</td>
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</table>

Chased from New England Biolabs (Herts, UK). Swine anti-rabbit secondary HRP-conjugated antibodies and non-immune rabbit serum were obtained from DAKO (Cambridge, UK). All antibodies and reagents were used according to the manufacturer’s instructions.

Patient selection and tissue microarray construction

The patient cohort, previously described in part elsewhere [22-24], consisted of a consecutive series of 175 patients, who had undergone curative radical nephrectomy between 1992 and 1999 for primary RCC. Paraffin blocks, histology reports and slides were available in all cases. Sections were reexamined and the tumours re-staged to UICC 2002 and tumour type classified according to the WHO 2004 classification; all tumours classified as clear cell renal cell carcinoma (ccRCC) were selected for study (135 cases). Also recorded were; Fuhrman nuclear grade [25], the presence or absence of any vascular invasion (either microvascular invasion, renal vein invasion or inferior vena cava invasion) [22], and whether or not there was capsular invasion with cellular invasion of peri-nephric or renal sinus fat [26]. The ECOG-Performance status of the patients was not available. None had received treatment or had evidence of lymph node or distant metastatic disease prior to or at surgery.

Clinical follow-up was carried out as previously described [22, 23]. Patients had usually been reviewed annually as an out-patient for between 3-8 years; the following information was extracted from the patient records: date of birth, gender, date of surgery, date last seen, date of death, cause of death and the date on which recurrent or metastatic disease was first identified.

For each renal carcinoma a paraffin-embedded block was selected that contained a sample of peripheral tumour that could be used in the tissue microarray (TMA). A single core of representative peripheral tumour, 0.6 mm in diameter, was punched from each donor block and using a specific orientation transplanted into a pre-moulded recipient paraffin wax block. Additional cores were taken from normal renal tissue (adjacent to some of the tumours) and from human placenta. Serial sections were cut at 4 μm thickness from the resulting TMA block and laid onto clean adhesive glass slides (Superfrost Plus™).

Immunocytochemistry and staining interpretation

TMA sections were deparaffinised and rehydrated using standard methodologies as previously described [23]. Endogenous peroxidase activity within the rehydrated tissue was inactivated with 3% hydrogen peroxide in methanol for 10 min at room temperature. Antigen retrieval was carried out by boiling in sodium citrate solution (pH 6.0) for 10 min and then cooled and equilibrated in Optimax™ wash buffer. The TMA sections were incubated (15 hr at 4°C) with the primary antibodies for eIF4E (dilution 1:25), and p4E-BP1 (dilution 1:25) with the diluent 0.6% BSA in Optimax™ wash buffer. After washing (4 × 1 min), sections were incubated with the appropriate secondary HRP-conjugated antibody at a dilution of 1:100 for 1 hr at room temperature. After washing the sections were developed using 3,3′-diaminobenzidine (Sigma, Poole, UK) and then counterstained with haematoxylin, dehydrated and mounted. Negative controls consisted of sections where the primary antibody had been omitted or replaced with non-immune rabbit serum. Positive controls for p4E-BP1 and eIF4E immunoreactivity consisted of human placenta tissue cores incorporated into the TMA.
p4e-BP1/eIF4e in renal cancer
scores were then converted to a simple binary score of either negative or positive according to the most informative split by Kaplan-Meier analysis. Any staining for either eIF4E or p4E-BP1 was considered positive while a complete absence of staining was considered negative.

**Statistical analysis**

Correlations between biomarker expression and prognostic clinico-pathological variables (tumour stage, grade and size; presence or absence of vascular invasion and capsular invasion) was examined by crosstabulation and chi-squared testing or Fishers exact test as appropriate. Univariate analysis of disease free survival (DFS) of patients with tumours showing different scores of staining for each biomarker was carried out by the Kaplan-Meier method using the log rank statistical test. The first appearance of a metastasis was considered an event. Patients last seen alive without metastasis or who died due to other causes other than RCC were considered censored at the date last seen or date of death, respectively. Multivariate survival analysis for p4E-BP1 and eIF4E was carried out by Cox regression using the Enter or Forward Stepwise (Likelihood Ratio) function with the covariates grade and stage entered in the final model.

The statistical package SPSS 11.5 was used for analysis. All tests were two tailed.

**Results**

*Presence of phosphorylated 4E-BP1 correlates in a highly significant manner with the overexpression of eIF4E in clinically-confined ccRCC tumours*

A summary of patient details are shown in Table 1. Of the 135 cases of clinically confined ccRCC 113 cases were assessable for the measurement of p-4EBP1 stain. Of these 43 (38%)
p4e-BP1/eIF4e in renal cancer

A

B

C

D

% Survival

% Survival

% Survival

% Survival

Time Yrs

Time Yrs

Time Yrs

Time Yrs

p4E-BP1 -ve (70)

p4E-BP1 +ve (43)

p4E-BP1 / eIF4E1
+ve / +ve (21)

p4E-BP1 / eIF4E1
+ve / -ve (49)

p4E-BP1 / eIF4E1
-ve / +ve (19)

p4E-BP1 / eIF4E1
+ve / -ve (22)

All others (90)
stained positively for p-4EBP1 with: 33 cases scored at 1, 9 cases scored at 2, and 1 case scored at 3. Similarly for eIF4E 129 cases were assessable for the measurement of stain with 48 (37%) cases staining positively for eIF4E with of these: 28 cases scored at 1, 18 cases scored at 2, and 2 cases scored at 3. Typical cores showing positive and negative staining for p4E-BP1 and eIF4E are shown in Figure 1. The intra-tumoural co-expression of p4E-BP1 and eIF4E could be assessed in 111 cases with 21 (19%) of these tumours positively expressing p4E-BP1 and eIF4E. Cross-tabulation of p4E-BP1 with eIF4E showed a highly significant correlation with the p4E-BP1 positive staining indicating a statistically significant (P = 0.005) increased likelihood of eIF4E over-expression. These data suggest that the phosphorylation of 4E-BP1 in ccRCC tumours is a distinct biological event that can functionally lead to the over-expression of eIF4E.

Lack of association of p4E-BP1 and eIF4E with conventional histological parameters of clinically-confined ccRCC

Cross-tabulation of p4E-BP1 and eIF4E as individual biomarkers, or as a combined co-variate, failed to demonstrate any significant association with conventional clinico-pathological parameters (Table 2). A strong trend for the combined expression of p4E-BP1 and eIF4E with high tumour grade was however observed (P = 0.062). This data suggests that the presence of one or both p4E-BP1 and eIF4E can occur as an early event in the pathogenesis of ccRCC and is not necessarily secondary to any specific aggressive histological parameter.

Tumour expression of p4E-BP1 and/or eIF4E leads to poor disease-free survival in patients with clinically-confined ccRCC

Univariate survival analysis showed that patients whose tumours stained positive for p4E-BP1 had significantly shorter time to relapse, with a mean disease-free survival (DFS) of 4.4 vs 5.6 yrs compared to patients whose tumours were negative (P = 0.02) (Figure 2A). Similarly, patients whose tumours expressed eIF4E had a mean DFS of 4.4 vs 5.7 yrs compared to patients whose tumours were negative (P = 0.005) (Figure 2B). Patients whose tumours co-expressed p4E-BP1 and eIF4E had a significantly worse mean DFS of 2.9 vs 5.7 yrs compared to patients whose tumours expressed only one, or neither, of the biomarkers (P < 0.001) (Figure 2C).

To assess the influence of p4E-BP1 and eIF4E interaction on disease progression an analysis was carried out stratifying patients into four groups according to combination of expression of biomarkers p4E-BP1 and eIF4E (Figure 2D). This stratification revealed patients whose tumours showed no expression of both p4E-BP1 and eIF4E (double negative cases, n = 49) to have a mean DFS of 5.4 yrs. This DFS was similar to that of patients whose tumours expressed either p4E-BP1 or eIF4E alone (i.e. single positive cases n = 22, DFS 5.6, and n = 19 DFS 5.3, respectively). However, tumours that expressed both biomarkers (double positive cases) had a significantly worse (P = 0.02) DFS of 2.9 yrs. Thus the influence of each biomarker on the outcome appeared to be due to the inclusion of double positive cases in the group suggesting the phosphorylation of 4E-BP1 and the overexpression eIF4E are linked molecular events that co-operate to drive disease progression in clinically-confined ccRCC.

Cox-regression analyses was undertaken to determine the prognostic value of p4E-BP1 and eIF4E, either as single co-variates or as a composite covariate together with tumour stage and grade. We found p4E-BP1 and p4E-BP1 and eIF4E were both significant predictors of shortened DFS with (Tables 3-5). Notably, the composite co-variate of p4E-BP1 and eIF4E was a significant and powerful predictor of disease recurrence (Table 5) with a HR of 4.2 (CI = 2.1-8.6; P < 0.001), whereas the HR for tumour grade was 3.3 (CI = 2.0-5.2; P < 0.001) and for stage III and IV was = 2.3 (CI = 2.3-3.6; P < 0.001).
Table 3. Multivariate Cox regression hazard model for time to recurrence for p4E-BP1 as calculated by Cox proportional hazard computation including tumour grade and tumour stage

<table>
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<th>95% CI</th>
<th>P value</th>
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<td>1.4-3.6</td>
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<td>p4E-BP1 covariate negative</td>
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<tr>
<td>p4E-BP1 covariate positive</td>
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<td>1.2-4.3</td>
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</table>

P < 0.05 denotes significance.

Table 4. Multivariate Cox regression hazard model for time to recurrence for elf4e as calculated by Cox proportional hazard computation including tumour grade, tumour stage and tumour size

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<td>2.4-5.6</td>
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<td>elf4E covariate positive</td>
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P < 0.05 denotes significance.

Discussion

Relapse rates for clinically confined RCC are frequently reported at 25% to 40% with the ability to accurately identify patients at high-risk of metastatic disease remaining a major challenge. Conventional clinico-pathological parameters appear not to offer a sufficiently discriminative approach and as a result significant research has been dedicated toward identifying bio-markers to guide post-operative surveillance in patients having undergone potential curative surgery. While prognostic models that combine the use of conventional histological parameters and circulating or tumour based biomarkers have been explored in RCC [27], to date none have been prospectively tested for routine clinical use.

In this current work we show both p4E-BP1 and elf4E to be independent influential prognosticators when analysed as individual biomarkers. More meaningfully we show a significant association between the presence of p4E-BP1 and the over-expression of elf4E in clinically confined renal tumours of clear cell histology. The direct nature of this association may be corroborated by similar findings in other tumour types [10, 28] and by contrast to the lack of correlation between elf4E and another down-stream molecule, pS6, from the mTOR pathway [24]. Specifically, using the same archived patient cohort we have previously reported [24] a lack of correlation between pS6 and the over-expression of elf4E (P = 0.342). We also found in this present work neither p4E-BP1 or elf4E alone, or their combined expression, correlated with any specific clinico-pathological parameter for RCC. However, multi-variate analysis demonstrated the combined molecular signature of p4E-BP1/elf4E to be at least as powerful as either high tumour grade or high tumour stage for predicting the onset of metastatic disease. Collectively, these findings provide compelling evidence that both p4E-BP1 and elf4E are important functionally-linked determinants of early relapse in ccRCC that are able to identify aggressive disease in a subset of patients, as determined by their significantly shorter DFS. Further, the combined expression of p4E-BP1/ elf4E was able to identify a sub-population of patients that displayed low grade/low stage disease but were associated with a high risk of relapse.

We have previously shown the expression of p4E-BP1 to be significantly associated with clinically confined papillary renal cell carcinoma, a relatively indolent renal tumour subtype where the reported incidence of relapse is much less than for ccRCC [24]. Reasons for the increased prognostic power of p4E-BP1 in renal tumours of clear cell histology most probably reflect other molecular alterations that operate in a concerted manner to drive disease progression. Such candidates may include the increased overexpression of elf4E, the rate limiting step in protein translation, and the loss of functional VHL. Indeed, it has recently been shown in RCC cell lines that VHL can directly bind pre-40S ribosomal subunits to inhibit ribosome biogenesis and repress global protein synthesis [29]. Therefore, the presence of p4E-BP1, coupled with synergistic over-expression of elf4E on a VHL mutated genetic background would provide all the necessary machinery for enhanced global protein translation to rapidly drive the progression in ccRCC as reported in this current study.
p4e-BP1/elf4E in renal cancer

It has been suggested that cancer cells in general which over-express elf4E are more dependent upon elf4E than cancer cells driven by other oncogenes and that this dependence represents an “Achilles heel” [30]. In other tumour types the overexpression of elf4E has been shown to be dependent upon the presence and/or phosphorylation status of p4E-BP1 [10, 28, 31], the exact molecular mechanism responsible for the over-expression of elf4E in RCC is currently unknown. One likely pathway is an interaction between elf4E and c-myc, the latter a molecule known to overexpressed in advanced RCC [32, 33]. Therefore, increased phosphorylation of 4E-BP1 in renal cancer cells will result in the release of elf4E from its inhibitory conformation leading to the production of oncogenic proteins, which include amongst others c-myc. It is known that the elf4E gene promoter contains two canonical c-myc response elements that are responsive to transcriptional activation by c-myc in a number of different screens [34]. Any newly formed c-myc therefore has the ability to further potentiate the activation of the elf4E gene in a positive regulatory feedback loop leading to increasing levels of elf4E driving disease progression.

Although molecular targeted therapies such as the tyrosine kinase inhibitors (TKIs) e.g. sunitinib or pazopanib, mTOR inhibitors e.g. temsirolimus, or VEGF antibodies e.g. bevacizumab, have significantly improved survival rates for mRCC, not all patients respond favourably and of those that do, drug resistance eventually develops. Molecular pathology is positioned for the discovery and development of tumour biomarkers that are able to predict and monitor treatment response in patients. Indeed the use of combined biomarkers is shown to have greater value than individual biomarkers alone for the prediction of treatment response as well as prognostication in a number of different cancer types, particularly where the biomarkers reflect an intrinsic biologically relevant mechanism or pathway [1]. The p4E-BP1/elf4E axis we describe in this current study represents a critical convergence point for several upstream signalling pathways such as the EGF-R/ERK and AKT/mTOR, all of which are targeted in some respect by molecular-targeted therapies used in the treatment of renal tumours. Phosphorylated 4E-BP1 has recently been shown to be the single most accurate bio-marker of the mTOR pathway for predicting treatment response in patients with mRCC treated with mTOR inhibitors [35]. However, the above study did not include a sub-analysis of patient elf4E status which, we propose from our present work would further improve patient discrimination toward treatment stratification options for molecular targeted therapies. This conjecture is further supported by recent pre-clinical studies in renal cancer cells isolated from in vivo tumour models showing that the 4E-BP1/elf4E axis to be the principal driver of VEGF-A production [36].

In summary, we show that both p4E-BP1 and elf4E overexpression demonstrates synergy in driving the patho-biology of renal tumours of clear cell origin and when assessed together can accurately predict early relapse in patients with clinically confined disease. Specifically, we show that the combined expression of p4E-BP1 and elf4E is a biologically relevant biomarker combination that has equal or superior prognostic value than current conventional histological parameters. We propose that the assessed combined expression of p4E-BP1 and elf4E will have potential to guide and improve patient management with respect to post-operative surveillance and the instigation of targeted therapies. Given that p4E-BP1 and elf4E are important linked determinants of early relapse in ccRCC, the targeting of the 4E-BP1/elf4E axis in combination with either cytokine or targeted therapies to prevent or delay relapse appears a rational therapeutic approach [37]. Further examination of the p4E-BP1/elf4E signature in other patients cohorts is warranted, particularly those having received molecular targeted therapies.

**Table 5. Multivariate Cox regression hazard model for time to recurrence for the composite covariate of elf4E and p4E-BP1**

<table>
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<td>2.1-8.6</td>
<td>&lt;0.001</td>
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Tumour size and vascular invasion were also entered into the model but were not considered significant at this step. *P* < 0.05 denotes significance.
Disclosure of conflict of interest

None.

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