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# Altered Cross-frequency Coupling in Resting-State MEG after Mild Traumatic Brain Injury

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## **Abstract**

Cross-frequency coupling (CFC) is thought to represent a basic mechanism of functional integration of neural networks across distant brain regions. In this study, we analyzed CFC profiles from resting state Magnetoencephalographic (MEG) recordings obtained from 30 mild traumatic brain injury (mTBI) patients and 50 controls. We used mutual information (MI) to quantify the phase-to-amplitude coupling (PAC) of activity among the recording sensors in six nonoverlapping frequency bands. After forming the CFC-based functional connectivity graphs, we employed a tensor representation and tensor subspace analysis to identify the optimal set of features for subject classification as mTBI or control. Our results showed that controls formed a dense network of stronger local and global connections indicating higher functional integration compared to mTBI patients. Furthermore, mTBI patients could be separated from controls with more than 90% classification accuracy. These findings indicate that analysis of brain networks computed from resting-state MEG with PAC and tensorial representation of connectivity profiles may provide a valuable biomarker for the diagnosis of mTBI.

**Keywords:** Magnetoencephalography (MEG); mild traumatic brain injury; cross-frequency coupling, tensors

## 1. Introduction

Mild traumatic brain injury (mTBI) is the most common cause of brain insult. Typically, patients experience an initial brief change in mental state or consciousness that is followed by post-concussion symptoms (PCS) (Cassidy et al., 2004), such as headaches, fatigue, and dizziness, which usually emerge on the day of injury and persist for at least the first few days thereafter (Boccaletti et al., 2006). In most patients, cognition recovers and PCS resolve within three months. However, up to 25% of patients (Sigurdardottir et al., 2009) suffer residual PCS, long-term impairment, and sometimes disability (Levin, 2009), so that efficient identification of alterations due to mTBI becomes particularly important. Several cognitive functions are affected by mTBI, including attention (De Monte et al., 2006; Vanderploeg et al., 2005) working memory (Vanderploeg et al., 2005), episodic memory (Tsirka et al., 2011), verbal learning (De Monte et al., 2006; Ruff et al., 1989), and visual memory (Levin et al., 1987; Raskin, 2000; Ruff et al., 1989).

Conventional neuroimaging techniques, such as acute magnetic source imaging (MRI) and computed tomography (CT), have limited sensitivity in detecting physiological alterations caused by mTBI (Bigler and Orrison, 2004; Johnston et al., 2001; Kirkwood et al., 2006). Magnetoencephalography (MEG) on the other hand, is a noninvasive functional imaging technique that measures directly neuronal currents in gray matter with extraordinary ( $< 1$  ms) temporal resolution and excellent (2–3 mm) spatial localization accuracy (Leahy et al., 1998). Consequently, during the past several years, numerous studies have attempted to develop reliable biomarkers of mTBI based on MEG (see reviews by Jeter et al., 2013, and Huang et al., 2009, 2014). Of particular interest is the analysis of resting-state MEG activity either alone (Luo et al., 2013, Zouridakis et al., 2012; Dimitriadis et al., 2015; Li et al., 2015) or combined with diffusion tensor imaging (DTI) MRI (Huang et al., 2014).

Recent approaches to study brain function view the brain as an intricate network of complex systems with abundant interactions between local and distant areas, having the capacity to combine local specialization (segregation) with global integration (Tononi et al., 1994; Tognoli and Kelso, 2014). Fluctuations of spontaneous activity are strongly synchronized among spatially distributed neuronal

subsystems (Contreras and Steriade, 1997; Destexhe et al., 1999), suggesting that processing of stimuli is influenced by the dynamics of coherently active networks. These spatiotemporal patterns involve not only low-frequency activity within the  $\delta$  (1-4 Hz) band or below (Contreras and Steriade, 1997; Destexhe et al., 1999), but also higher frequencies in the  $\theta$  (4–8 Hz),  $\alpha$  (8–12 Hz),  $\beta$  (13–30 Hz), and  $\gamma$  (>30 Hz) ranges (Steriade et al., 1996 a, b; Destexhe et al., 1999). Oscillations in these frequency bands are known to be involved in a variety of cognitive processes (Engel and Fries, 2010; Siegel et al., 2012).

One approach to understanding the dynamic nature of connections between local and distant neural assemblies is the analysis of functional and effective connectivity (Friston et al., 1994): the former captures patterns of statistical dependence, whereas the latter attempts to extract networks of causal influences of one physiological time series over another (Aertsen et al., 1989). Several studies have demonstrated changes in functional connectivity patterns after brain tumor resection (Douw et al., 2008), recovery from stroke (Gerloff et al., 2006), and traumatic brain injury (Castellanos et al., 2010; Zouridakis et al., 2012) suggesting that functional connectivity graphs (FCGs) of brain activity are sensitive to changes due to brain insult.

The MEG is a complex signal containing different interacting frequency components. Power spectrum analysis based on the Fourier, wavelet, or Gabor transform can uncover amplitude modulations within the above-defined frequencies across time. Intrinsic coupling modes (ICMs) in ongoing activity are thought to reflect the action of two different coupling mechanisms (Engel et al., 2001): one that arises from phase coupling of band-limited oscillatory signals, and another one that results from coupled aperiodic fluctuations of signal envelopes. When studying ICMs, apart from exploring the relationship between same frequency signals, it is highly interesting to also quantify functional relationships between signals of different frequencies (Jensen and Colgin, 2007; Palva and Palva, 2011; Jirsa and Muller, 2013; Dimitriadis et al., 2014), as this cross-frequency coupling (CFC) has been hypothesized to represent the mechanism of interaction between local and global processes and therefore it is directly related to the integration of distributed information.

Recently, different forms of cross-frequency interactions were described (Jensen and Colgin, 2007), namely power-to-power, phase-to-phase, phase-to-frequency, and phase-to-power. There is ample evidence that the last type of CFC, also called phase-amplitude modulation, occurs very often in both animals and humans in the prefrontal cortices, the hippocampus, and other distributed cortical areas (Osipova et al., 2008; Tort et al., 2008, 2009, 2010; Cohen et al., 2009a, b; Colgin et al., 2009; Axmacher et al., 2010a, b; Voytek et al., 2010).

Only a few MEG studies have considered CFC interactions at rest or during execution of active tasks. An early study (Osipova et al., 2008) reported that  $\gamma$  power was phase-locked to  $\alpha$  activity over occipital brain regions at rest with eyes closed (EC). Interestingly, there was no peak in the gamma activity estimated by Fourier transform, but a clear peak was evident only when studied in relation to the alpha phase. In another MEG study (Palva et al., 2005), cross-frequency of phase synchrony was identified as the main communication mechanism between frequencies from 3 to 80 Hz. In particular, enhanced CFC phase synchrony was revealed among the  $\alpha$ ,  $\beta$ , and  $\gamma$  frequency bands during a continuous mental arithmetic task. This enhancement of CFC phase synchrony could be attributed to the integration needed among different brain areas activated during the task that were synchronized in the dominant frequency (Palva et al., 2005).

Human brain can be divided into distinct and spatially distributed functional networks (Eierud, et al., 2014). These brain networks exist at a range of spatial scales extended from microscopic neuronal networks of individual neurons and local synaptic interactions, to large-scale networks of brain areas interconnected by large white matter tracts. In the present study, we focus on how large-scale intrinsic connectivity networks (ICNs) change due to mild traumatic brain injury, considering that interactions between large-scale brain networks are significant for high-level cognitive functions, such as memory and attention (Mesulam, 1998). Moreover, neuroimaging techniques, including electroencephalography - EEG, MEG, fMRI, and DTI, have recently enabled investigation of these networks in clinical populations (for a review see Eierud, et al., 2014). ICNs are composed of brain regions that are characterized by temporally coordinated activity (Beckmann et al., 2005; Smith et al., 2009). The functional architecture of these networks possibly reflects the underlying

structural brain connectivity, since brain areas strongly connected via white-matter tracts are likely to present strong functional connections. This linkage supports the assumption that ICN function is vulnerable to the effects of mTBI, considering that diffuse axonal injury (DAI) usually damages long-distance white-matter tracts that connect key brain areas (known as hubs) in these networks (Smith et al., 2003; Gentleman et al., 1995).

ICN abnormalities after TBI have been widely observed in resting-state fMRI, demonstrating both increase and decrease of connectivity in a number of networks, including the default mode network (DMN) and salience network (SN) (Sharp et al., 2011; Stevens et al., 2012). Several studies have also reported that these abnormalities correlate with cognitive impairment or post-concussive symptoms (Messe et al., 2013; Caeyenberghs et al., 2014). Recent studies based on EEG and MEG, which provide higher temporal resolution than fMRI, have further demonstrated disrupted functional connectivity related to TBI for different types of injury severity (Castellanos et al., 2010; Tarapore et al., 2013; Dimitriadis et al., 2015).

Based on the aforementioned evidence from previous studies, we investigate the assumption that exploring ICMs in terms of cross-frequency coupling can provide better understanding of how mTBI alters the integration of information exchange at resting-state networks. Such alterations of oscillations, referred to as “oscillopathies” or “dysrhythmias,” could reflect malfunctioning and disruption of brain networks in mTBI subjects. Thus, they could assist in defining alternative or complementary connectomic biomarkers (Buzsáki and Watson, 2012).

In the present study, we demonstrate how the phase of low frequency spontaneous MEG activity modulates higher frequency activity in mTBI subjects (Florin and Bairrat, 2015). Then, by adopting a phase-to-amplitude coupling (PAC) estimator to quantify CFC between pairs of frequencies, we construct cross-frequency FCGs in mTBI patients and controls. We hypothesize that PAC at rest can capture intrinsic network interactions that play a crucial role in information exchange and integration. Finally, we examine the proposition that mTBI can affect functional integration, mainly the communication between different cell assemblies

that function on a prominent frequency, and these functional changes of intrinsic networks can be captured by CFC.

The remainder of this paper is structured as follows: the next section, Methods, describes the study participants and the MEG recording procedures, the preprocessing steps for artifact detection and elimination, the dimensionality reduction algorithm, and the various classification schemes applied on the filtered FCGs. Furthermore, several methods for comparing the CFC pairs between the two groups are discussed. The following section, Results, presents the performance of each classification scheme on the current dataset and examines the differences between the two groups as potential biomarkers. The final section, Discussion, summarizes our findings, provides concluding remarks about the CFC metric and its potential use as a biomarker for mTBI, and suggests future analysis directions.

## **2. Methods**

Our study employs network analysis of filtered directed graphs that are constructed from interacting networks that are coupled at specific frequency pairs and quantify local and global connection density in both subject groups. Cross-frequency coupling (CFC) is thought to represent a basic mechanism of functional integration of neural networks across distant brain regions. In the present study, we measure the basic type of CFC called phase-to-amplitude (PAC). After the classification scheme which is used for maintaining only those frequency couples with high accuracy of classification, we first formed FCGs based on PAC measure which then be explored for topological differences between the two groups and for their community profile.

An important step to understand topological differences is to first estimate a basic network structure with global (functional integration) and local (functional segregation) efficiency at both network and sensor levels, and then detect consistent group-functional clusters (Rubinov and Sporns, 2010). CFC is a key mechanism of brain functionality with which two distant brain areas oscillating at their prominent frequency can communicate straightforward and quickly. To further understand how



changes of decreased local CFC correlate with possible underlying lesioned areas and if these changes represent the effects of a particular main injury site or global effects, whereby the entire brain sustained injury, we calculate patterns of intra-hemispheric CFC asymmetry and anterior-posterior anisotropy. Previous studies showed a reduction in frontal and hemispheric asymmetry in TBI patients using PET (Reuter-Lorenz et al., 2000; Levine et al., 2002). We demonstrate group differences related to the lateralization of functional strength over a hemisphere and examine the predominance of functional strength anteriorly or posteriorly.

### **2.1. Subjects and recording procedure**

The present study is part of a larger mTBI project (Levin, 2009) supported by the Department of Defense (DoD). MTBI was defined using the guidelines of DoD (Assistant Secretary, 2007) and the American Congress of Rehabilitation Medicine (Kay et al., 1993). The project was approved by the Institutional Review Boards (IRBs) at the participating institutions and the Human Research Protection Official's review of research protocols for DoD. All procedures were compliant with the Health Insurance Portability and Accountability Act (HIPAA).

Thirty right-handed mTBI patients ( $29.3 \pm 9.2$  years of age) were recruited from three trauma centers in the greater Houston metropolitan area that participated in the larger study (Levin, 2009). The Galveston Orientation and Amnesia Test (GOAT) (Levin et al., 1979) was administered prior to obtaining informed consent to identify cognitive impairment that would preclude provision of informed consent. Inclusion criteria required the presence of a head injury occurring within the preceding 24 hours, Glasgow Coma Scale (GCS, Teasdale & Jennett, 1974) score 13-15, loss of consciousness <30 minutes including 0 minutes, post-traumatic amnesia <24 hours including 0 minutes, and a negative head CT scan. Exclusion criteria included a score on the Abbreviated Injury Scale (AIS) >3 for any body part, previous head injury requiring hospitalization, history of significant pre-existing disease, such as psychotic disorder, bipolar disorder, post-traumatic stress disorder (PTSD), past treatment for alcohol dependence or substance abuse, blood alcohol level >80 mg/dL at the time of consent, documentation of intoxication, left-

handedness, and contraindications for MRI, including claustrophobia and pregnancy. Details about subject demographics are shown in supplementary material.

The control group included fifty right-handed age- and gender-matched control subjects ( $29.2 \pm 9.1$  years of age) drawn from a normative data repository at UTHSC-Houston. Previous head injury, history of neurologic or psychiatric disorder, substance abuse, and extensive dental work and implants incompatible with MEG were exclusion criteria for the control subjects. The research protocol received institutional approval prior to the study.

Subjects were asked to lie on a bed as still as possible with eyes closed. Approximately 5 minutes of resting-state MEG activity was recorded from each subject using a 248-channel whole-head Magnes WH3600 system (4D Neuroimaging Inc., San Diego, CA). Data were collected at a sampling rate of 1017.25 Hz and bandpass filtered in hardware between 0.1–200 Hz. Axial gradiometer recordings were transformed to planar gradiometer field approximations using the sincos method implemented in Fieldtrip (Oostenveld et al., 2011).

## **2.2. Data Preprocessing**

The MEG data underwent artifact reduction using Matlab (The MathWorks, Inc., Natick, MA, USA) and Fieldtrip (Oostenveld et al., 2011). Filtering with a notch filter at 60 Hz was used to reduce the effects of line noise and it was followed by independent component analysis (ICA) to separate cerebral from non-cerebral activity using the extended Infomax algorithm as implemented in EEGLAB (Delorme and Makeig, 2004). The data were also whitened and reduced in dimensionality using principal component analysis with a threshold set to 95% of the total variance (Delorme and Makeig, 2004; Escudero et al., 2011; Antonakakis et al., 2013). The statistical values of kurtosis, Rényi entropy, and skewness of each independent component were used to eliminate ocular and cardiac artifacts. A component was considered an artifact if more than 20% of its values after normalization to zero mean and unit variance were outside the range  $[-2, +2]$  (Escudero et al., 2011; Dimitriadis et al., 2013b; Antonakakis et al., 2013).

### 2.3 Estimation of Amplitude-to-Phase Coupling

We explored cross-frequency interactions using phase-to-amplitude coupling (PAC), whereby the phase of a low-frequency rhythm modulated the amplitude of a higher-frequency oscillation (Tort et al., 2008). PAC was calculated between sensors  $X_i, X_j$  ( $i, j = 1 \dots 248$ ) of a multidimensional array of time series  $X$  using mutual information (MI), a nonlinear metric that measures the interdependence of the two time series  $X_i$  and  $X_j$ . The MI concept stems from information theory and offers several advantages: it is sensitive to any type of dependence between the time series including nonlinear relations and generalized synchronization; it is relatively robust to outliers, and it is measured in bits, a physically meaningful unit.

Initially, data from all sensors were filtered in several frequency bands, namely  $\delta$  (0.5 – 4Hz),  $\theta$  (4 – 8Hz),  $\alpha$  (8-15Hz),  $\beta$  (15 – 30 Hz),  $\gamma_1$  (30 – 45Hz), and  $\gamma_2$  (45 – 80Hz). Then, to compute the PAC values we used the Hilbert Transform (HT) to estimate the phase ( $\varphi_{f,i}$ ) and amplitude ( $A_{f,i}$ ) of every filtered time series  $X_{f,i}$ , separately in each frequency band using

$$\varphi_{f,i} = \tan^{-1} \left( \frac{\text{Im}(\text{HT}(X_{f,i}))}{\text{Re}(\text{HT}(X_{f,i}))} \right) \quad (1)$$

and

$$A_{f,i} = \left| \sqrt{\text{Im}(\text{HT}(X_{f,i}))^2 + \text{Re}(\text{HT}(X_{f,i}))^2} \right| \quad (2)$$

where  $\text{Im}(\text{HT}(X_{f,i}))$  and  $\text{Re}(\text{HT}(X_{f,i}))$  are the imaginary and real part of  $\text{HT}(X_{f,i})$ , respectively. We then applied a band-pass filter to  $A_{f,i}$  using the same filter parameters used to extract  $X_{\Omega,i}$ , giving a new time series,  $A_{\Omega,\Omega,i}$ . A second Hilbert transform was then used to extract the phases of the  $f_1$ -filtered  $f_h(\text{high})$  amplitude envelope ( $\varphi_{\Omega,\Omega,i}$ ) (Voytek et al., 2010).

According to the above, the mathematical definition of MI for the estimation of PAC between the phase of low frequency  $f_l, \varphi_{f_l,i}$ , and the amplitude of the high frequency  $f_h, \varphi_{f_h,f_l,i}$ , between two sensors  $X_i$  and  $X_j$ , is given by

$$PAC_{f_l,f_h}(i,j) = I(\varphi_{f_l,i}; \varphi_{f_h,f_l,i}) = \sum_{y \in Y} \sum_{x \in X} p(x,y) \log \left( \frac{p(x,y)}{p_x(x)p_y(y)} \right) \quad (3)$$

where  $X = \varphi_{f_l,i}$  and  $Y = \varphi_{f_h,f_l,i}$ , and  $p(x,y)$  is the joint probability distribution function of  $X$  and  $Y$ , respectively, and  $p_x(x) = \sum_{y \in Y} p(x,y)$ ,  $p_y(y) = \sum_{x \in X} p(x,y)$  are the marginal probability distribution functions of  $X$  and  $Y$ , respectively (Tsiaras et al., 2011).

## 2.4 Elements of Graph Theory

### 2.4.1 Topological properties of the underlying brain networks

The FCGs could be characterized based on the well-known topological metrics of *global* and *local efficiency*, established for weighted graphs and defined below, with  $N$  representing the total number of nodes in the network,  $E$  the total number of edges, and  $w_{ij}$  the weights between nodes.

*Global efficiency* (GE) for a network  $W$  of  $N \times N$  nodes is the inverse of the harmonic mean of the shortest path length between each pair of nodes and reflects the overall efficiency of parallel information transfer in the network (Achard and Bullmore, 2007; Latora and Marchiori, 2001).

$$GE = \frac{1}{N} \sum_{i \in N} \frac{\sum_{j \in N, j \neq i} (d_{ij})^{-1}}{N-1} \quad (4)$$

*Local efficiency* (LE) is understood as a measure of fault tolerance of the network, since it indicates how well the subgraphs exchange information when a

particular node is eliminated (Achard and Bullmore, 2007). Specifically, each node is assigned the shortest path length within its subgraph  $G_i$

$$LE = \frac{1}{N} \sum_{i \in N} nodal_{LE_i} = \frac{1}{N} \sum_{i \in N} \frac{\sum_{j,h \in G_i, j,h \neq i} (d_{jh})^{-1}}{k_i(k_i - 1)} \quad (5)$$

where  $k_i$  corresponds to the total number of spatial (first level) neighbors of the  $i$ -th node, while  $d$  denotes the shortest path length.

#### 2.4.2 Significant links

The aforementioned procedures result in a matrix of PAC values between the time series on all possible pairs of sensors that is modeled as a fully connected, directed, weighted, and symmetric FCG, representing causal influences among all cortical regions. The maximum number of possible directed connections  $N$  in a network with  $k=248$  nodes is  $k^2=61504$ , and the FCG is extremely dense. Therefore, the FCG connections must be filtered out so that the pattern with the most significant connections can emerge. We performed a topological filtering based on graph theory principles and data-driven thresholding.

Topological filtering relies on graph-based analysis (Bullmore and Sporns, 2009; Bassett et al., 2009; He and Evans, 2010; Stam, 2010; Dimitriadis et al., 2014), which is used to capture the structure of the neural system under investigation and the relationship between separation and integration of neural populations. Small-world structures are characterized by a dense network of local connections and a limited number of long-range connections that provide efficient communication between distant nodes. Efficiency in information transmission between nodes is measured as the inverse of the shortest distance between the nodes, while the average of all pair-wise efficiencies represents the global efficiency of the graph. The function cost relates to the energy expenditure needed for a network to maintain its efficiency, and it is given by the ratio of existing connections divided by the total number of possible pairwise connections in a network.

Global cost efficiency is defined as the global efficiency  $GE$  at a given cost minus  $C$  the cost ( $GE-C$ ), which typically has a positive maximum value at some cost  $C_{max}$  for an economical small-world network. Importantly, this metric of network topology is independent of arbitrary, investigator-specified thresholds. Instead, the cost efficiency curve is estimated over a wide range of thresholds, and the behavior of the curve is summarized by its maximum value, which occurs at a data driven connection density or cost  $C$  (Bassett et al., 2009, Dimitriadis et al., 2015). The described steps are showed the supplementary material.

## **2.5 Classification of FCG Patterns**

The values of the PAC matrices are considered features in a high-dimensional space that can be used to classify the FCGs obtained from individual subjects. In most studies, however, FCGs are treated as vectors in a high-dimensional space (e.g. Shen et al., 2010; Pollolini et al., 2010; Richiardi et al., 2011), an approach that disregards the inherent tabular representation of FCGs and their nature as second-order tensors. To overcome this limitation, we treat FCGs as tensors and resort to tensor subspace analysis (TSA) for appropriate feature extraction (He and Cai, 2005). In our formulation, the tensor form was given as (subjects x sensors x sensors) (Dimitriadis et al., 2013a; 2014).

The TSA procedure blends multi-linear algebra and manifold data learning. Given some FCGs sampled from the space of functional connectivity patterns, the TSA approximation is modeled by first building an adjacency graph capturing the proximity relationships among the connectivity patterns and then deriving a tensor subspace that faithfully represents these relationships. TSA provides an optimal linear approximation to the FCG manifold. The entire TSA procedure is described in the supplementary material.

### **2.5.1 Learning machines for classification**

Classification of FCGs from individual subjects starts by computing the TSA representation and is followed by comparison with FCGs of known label. In our study, we used the  $k$ -NN algorithm and the Frobenius norm (Horn and Johnson, 1990) as measure of similarity. Apart from this classification scheme, indicated as “TSA+ $k$ -NN”, we also employed TSA with ensemble classification (“TSA+ENS”) and TSA with extreme learning machine (ELM) classification (“TSA+ELM”). The description of the “TSA+ENS” and “TSA+ELM” schemes is given in the supplementary material.

To evaluate the performance of our strategy, a cross-validation scheme was followed. The entire set of individual FCGs (control and mTBI) was randomly partitioned into two subsets, a *training set* (the database of FCGs of known class) corresponding to 80% of the subjects (45 controls and 27 mTBI patients) and a *test set* (subjects for which the class had to be predicted) corresponding to the remaining 20% of the subjects (5 controls and 3 mTBI patients). As a measure of performance we used the correct recognition rate (CC%) calculated as the proportion of subjects in the test set for which the correct label was predicted. The cross-validation scheme was repeated 100 times and the mean value and standard deviation of the overall performance, sensitivity, and specificity were estimated.

## **2.6 Statistical and Spatial Differences in Network Metrics**

### **2.6.1 Statistical Analysis**

Statistical analysis was performed on the GE and LE network metrics to detect significant differences between the two groups at every sensor (or total GE/LE i.e., averaged value across sensors) and frequency pair.

We adopted a sequential methodology (Antonakakis et al., 2013) for the estimation of the null hypothesis of equal means between the two groups. First, the single-sample Kolmogorov-Smirnov goodness-of-fit hypothesis test with Lilliefors correction (Conover, 1980) was employed as a test for normality to help select the appropriate type of statistical test to use (parametric t-test or non-parametric U-test). If the p-value of the normality test was under the significant level, the non-parametric Mann-Whitney U-test (Gibbons and Chakraborti, 2011) was used;

otherwise, a two-sample t-test was employed. The t-test was performed with either equal or unequal variances depending on a chi-square test (F-test) for heteroscedasticity of the samples. The threshold for significance of the p-value was set to 95%.

## 2.6.2 Spatially reduced representation

In order to visualize the variability and the distance between the two groups in the 3D space, a low-dimensional representation was used to visualize possible differences between control and mTBI subjects without using statistical analysis. First, GE and LE values were estimated using the Minkowski distance ( $d_{st} = \sqrt[p]{\sum_{j=1}^N |X_{sj} - X_{tj}|^p}$  with p being a positive scalar) and the final estimates were tabulated in an 80 x 80 matrix, since the total number of subjects was 80 (50 control and 30 mTBI GE or LE values for frequency couple). Then, using multidimensional scaling (Borg & Groenen, 2005), a well-known dimensionality reduction technique, we were able to project the original multidimensional data in three dimensions. A single entry of this matrix presents an estimation of the distinction between two different nodal GE/LE profiles. The lower its value, the more alike the segregation pattern between the two subjects. We then designed a colored convex hull for each group to visualize the variability and the distance between the two groups in the 3D space. As an estimator of variability within each group, we computed the area of corresponding convex hull (Dimitriadis et al., 2015).

## 2.7 Intra-hemispheric Cross Frequency Functional Coupling Asymmetry and Anterior-Posterior Anisotropy in mTBI

Possible asymmetries between the left and right hemisphere inter-dependencies based on the estimated FCGs on each frequency couple were investigated by defining the following functional-coupling asymmetry index (FAI):

$$FAI = \frac{FC_L - FC_R}{F_R} \quad (6)$$



where  $F_L/F_R$  is the aggregate weight from all the connection-strengths among the FCG nodes restricted in either the left or right hemisphere.

Functional connectivity anisotropies between anterior and posterior brain areas based on the estimated FCGs on each frequency pair were investigated by defining the following anterior-posterior asymmetry index (API):

$$API = \frac{FC_{ant} - FC_{post}}{FC_{ant}} \quad (7)$$

where  $FC_{ant}/FC_{post}$  is the aggregate weight from all the connection strengths among the FCG nodes restricted in either the left-right frontal areas or left-right parieto-occipital areas. Both subareas consisted of 58 sensors.

Figure 1 summarizes the three main steps of the proposed analysis procedure necessary to obtain FCGs and their topological parameters: first, the raw MEG recordings underwent preprocessing to eliminate non-cerebral activity; then, CFC pairs were estimated using PAC and a classification scheme performed on the filtered CFC graphs; finally, graph parameters and communities were estimated to compare the control and mTBI groups.

[Figure 1]

### 3 Results

#### 3.1 Classification Performance

This section presents the results of CFC FCGs classification between the control and mTBI groups. We assessed classification performance based on the tensorial representation of FCGs with two classifiers, k-NN and ELM, and an ensemble classification scheme (ENS). Table 1 summarizes the performance of each classifier after keeping only those frequency pairs with accuracy > 90%. The control

subject labels were defined as positive and the mTBI labels as negative. Both the k-NN and ENS showed classification accuracy > 90% only in five frequency pairs, while the ELM showed similar performance only in two pairs,  $\delta$ - $\beta$  and  $\beta$ - $\gamma_2$ . Also the k-NN and ENS approaches showed high sensitivity, > 90%, with specificity ranging between 85-95%. In contrast, ELM achieved lower sensitivity and specificity values. Based on these classification results, the subsequent analysis was performed only on frequency couples with accuracy > 90%.

[Table 1]

### 3.2 Differences in Network metrics

#### 3.2.1 Statistical Analysis Results

Figures 2 and 3 illustrate the average global and local efficiency, GE and LE respectively, across all the subjects, separately for each sensor and group. Enlarged circles on the topographical layouts denote statistically significant differences between the two groups ( $p < 0.05$ ) after applying the statistical analysis described in Section 2.6.1 and adjusting the p-values for multiple comparisons using the Benjamini and Yekutieli (BY) procedure (Benjamini and Yekutieli, 2001). In particular, based GE topography, the mTBI group showed an enhanced diffuse pattern over anterior-central brain areas bilaterally in  $\delta$ - $\beta$  (Fig.2.a) and  $\delta$ - $\gamma_1$ (Fig.2.b), while the control group exhibited an increased activation profile over the entire brain in  $\beta$ - $\gamma_2$  (Fig.2.e). Another interesting topographic difference was the abnormally activated brain area in mTBI located in right frontal regions, involving 9 sensors. This difference was detected on the basis of GE for frequency pairs  $\theta$ - $\beta$  (Fig.2.c),  $\theta$ - $\gamma_{11}$  (Fig.2.d), and  $\beta$ - $\gamma_2$  (Fig.2.e), and on the basis LE for all five frequency pairs (Fig.3). Especially for the  $\beta$ - $\gamma_2$ pair (Fig.3.e), all 9 sensors showed significantly higher segregation in the mTBI group compared to controls.

[Figure 2]

[Figure 3]

Finally, we estimated both GE and LE at the network level (averaged values across all sensors and subjects in each group) and we assessed statistically significant differences using the statistical analysis of Section 2.6.1 with a significant level of  $p < 0.001$ . A significant trend between the two groups was detected only for the  $\beta$ - $\gamma_2$  frequency pair, with controls exhibiting higher GE (Fig. 4.a) and mTBI patients higher LE values (Fig.4.b).

[Figure 4]

### 3.2.2 Spatial Analysis Results

Using the measures tabulated by the distance matrix and multi-dimensional scaling (MDS), we projected the 80 individual vectorial GE/LE profiles (50 control and 30 mTBI GE or LE values for frequency couples) to distinct points in a reduced 3D space to visualize the variability and distance of the two groups. To enhance our understanding of nodal LE, we focused on the  $\delta$ - $\beta$  and  $\delta$ - $\gamma_1$  pairs (Fig. 5). The control group showed higher variability by a factor of 25 and 40 compared to mTBI for the  $\delta$ - $\beta$  (Fig. 5.a) and  $\delta$ - $\gamma_1$  (Fig. 5.b) frequency pairs, respectively. The corresponding area (volume) of the convex hull (Fig. 5) was also higher for the control group ( $V=125.79$  for  $\delta$ - $\beta$  and  $V=37.65$  for  $\delta$ - $\gamma_1$ ) compared to the mTBI group ( $V=5.11$  for  $\delta$ - $\beta$  and  $V=0.89$  for  $\delta$ - $\gamma_1$ ).

[Figure 5]

### 3.3 CFC Asymmetry and Anterior-Posterior Anisotropy in mTBI

Figure 6 demonstrates for each frequency pair the intra-hemispheric FAI and API indexes in mTBI subjects. The most consistent results among the 30 mTBI subjects are the right lateralization of functional strength in the  $\beta$ - $\gamma_2$  frequency pair

(Fig. 6.e; 22 out of 30 subjects) and the anterior predominance of functional strength in  $\delta$ - $\beta$ ,  $\delta$ - $\gamma_1$ ,  $\theta$ - $\beta$ , and  $\theta$ - $\gamma_1$  frequency pairs in 25, 26, 25, and 24 out of 30 subjects, respectively (Figure 6.a-d).

[Figure 6]

Table 2 summarizes the distribution of asymmetries of both indexes between the left and right hemispheres and anterior-posterior brain areas in the mTBI group. Finally, functional connectivity strength (FCS) showed a significant trend for higher values in frontal brain regions bilaterally in controls in the  $\delta$ - $\beta$ ,  $\delta$ - $\gamma_1$ ,  $\theta$ - $\beta$ , and  $\theta$ - $\gamma_1$  frequency pairs (Fig. 7.a-d) and higher FCS values for the mTBI patients in the  $\beta$ - $\gamma_2$  frequency pair (Fig. 7.e)

[Table 2]

[Figure 7]

#### 4. Discussion

In this study, we analyzed resting-state brain networks using MEG recordings obtained from 50 controls and 30 mTBI patients, under the notion of phase-amplitude coupling. Our main goal was to investigate how cross-frequency coupling of spontaneous MEG activity is altered in mTBI patients compared to control subjects. PAC estimates show that the oscillatory activity of higher frequencies is modulated by the phase of slower spontaneous oscillations. We estimated PAC between sensors in a pair-wise fashion and between every possible pair of frequency bands using the concept of MI. In addition, using a tensor representation for the CFC directed graphs and tensor subspace analysis for optimal feature extraction, we showed that mTBI patients could be separated from controls with more than 90% classification accuracy in the frequency couples ( $\delta$ ,  $\beta$ ), ( $\delta$ ,  $\gamma_{11}$ ), ( $\theta$ ,  $\beta$ ), ( $\theta$ ,  $\gamma_1$ ), and ( $\beta$ ,

$\gamma_2$ ) (Table 1). Classification performance based on relative power at the sensor level succeeded to discriminate mTBI from control subjects with only a 70% accuracy (see Supplementary Material). A prominent asymmetry between hemispheres in the interdependencies among mTBI subjects was observed with a right lateralization of FAI in the  $\beta$ - $\gamma_2$  frequency pair. The dominant API was observed with anterior predominance in most of frequency pairs. Additionally, estimation of FCS within bilateral frontal brain areas revealed significantly higher values for controls compared to mTBI subjects in most of frequency pairs, while significantly higher FCS values were observed in mTBI patients compared to controls in the  $\beta$ - $\gamma_2$  frequency pair.

A recent study (Dimitriadis et al., 2015) analyzed the same dataset under the perspective of FCGs computed by quantifying functional connectivity between sensors using the phase-locking value (PLV) as a metric. That analysis also examined the concept of intra-frequency coupling in resting-state MEG and provided initial evidence of how it is affected by mTBI (Dimitriadis et al., 2015). In the present study, we went a step further and explored how CFC, estimated via PAC, is affected by mTBI, in an attempt to illustrate a *communication mechanism* among frequency bands, rather than mere phase synchronization. By employing a PAC estimator for quantifying CFC brain networks and adopting a tensorial treatment for the classification procedure, we derived biomarkers that could prove valuable for the evaluation of mTBI.

Further complex network analysis of PAC brain networks revealed significant differences between the two groups. By contrasting nodal GE and LE (Fig. 2 and Fig.3) between the two groups, an abnormally activated brain area was revealed in mTBI subjects, located over the right frontal area, that showed high levels of integration and segregation, as quantified by GE and LE, respectively (Fig. 2.c, d, e and Fig. 3.a-e). No differences were revealed by the total GE/LE, expect for the  $\beta$ - $\gamma_2$  frequency pair (Fig. 4). The control group also showed a dense network of stronger local and global connections compared to mTBI in the five frequency pairs (Fig. 5).

Furthermore, we performed topological consensus clustering of the CFC values to uncover how the strength of CFC was distributed over the Euclidean distance between the sensors in the five frequency pairs across the two groups (see

Supplementary Material). We found that the structure of the five most significant functional clusters in both groups differed significantly across the five frequency pairs. Specifically, for frequency pairs ( $\delta$ - $\beta$ ), ( $\delta$ - $\gamma_1$ ), and ( $\theta$ - $\beta$ ), these clusters were spatially restricted in the control group compared to a more dispersed distribution in the mTBI group. Both groups demonstrated spatially scattered functional clusters in the frequency pairs ( $\theta$ - $\gamma_1$ ) and ( $\beta$ - $\gamma_2$ ), but with different functional organization. Finally, the mean strength in controls was marginally higher compared to mTBI subjects, while mTBI showed a few strong and distant connections in the tail of the distributions (see Supplementary Material). Overall, our findings suggest a higher functional integration for controls compared to mTBI subjects.

It has already been demonstrated that CFC and (particularly) PAC play an important role in the communication between regions that produce different brain rhythms (Palva et al., 2005; Canolty et al., 2010), and constitute the principle mechanism of how local oscillatory activity of low frequency is interacting with distant brain areas functioning at higher frequency (Florin et al., 2015). Results from recent studies in both animals and humans support a mechanism that oscillations at higher frequencies are often modulated by the phase of slower phase fluctuations (Osipova et al., 2008; Tort et al., 2008, 2009, 2010; Cohen et al., 2009a, b; Colgin et al., 2009; Axmacher et al., 2010a, b; Voytek et al., 2010). Important elements of nonlinear coupling across different frequencies reveal different types of CFC, such as phase-amplitude coupling (Tort et al., 2008, 2009, 2010; Cohen et al., 2009a,b; Colgin et al., 2009; Axmacher et al., 2010a,b), n:m phase locking (Dimitriadis et al., 2014), and amplitude-amplitude coupling (Hipp et al., 2012; Engel et al., 2013). Cross-frequency coupling of spontaneous activity is altered during development (Pinal et al., 2015) and brain disorders/diseases due to structural and/or functional network alterations (Engel et al., 2013).

Conventional neuroimaging techniques (MRI and CT) express limited sensitivity to detecting physiological alterations caused by mTBI (Bigler and Orrison, 2004; Johnston et al., 2001; Kirkwood et al., 2006). MEG on the other hand, is a well-established technique that measures directly neuronal currents in gray matter with extraordinary temporal resolution and excellent spatial localization accuracy (Leahy et al., 1998). Numerous studies have attempted to develop reliable biomarkers of

mTBI based on MEG (see reviews by Jeter et al., 2013 and Huang et al., 2009, 2014). The current study was successful in analyzing resting-state MEG activity alone (Luo et al., 2013, Zouridakis et al., 2012; Dimitriadis et al., 2015; Li et al., 2015) revealing the side of the FCG for which the control group presented significantly different efficiency than the mTBI group (Figures 2 and 3).

Only a few MEG studies explore CFC interactions at both the resting-state and during active tasks in normal and diseased populations. Recently, Florin et al. (2015) using resting state MEG demonstrated that phase-amplitude coupling provides a mechanism for brain network formation, which reconciles previous findings and theories on long-range communication between neural populations. It confirms and extends previous findings in healthy participants of PAC as a key mechanism that support long-range brain synchronization (Palva et al., 2005; Canolty et al., 2006; Osipova, Hermes, and Jensen, 2008).

Topologically, our study revealed significant trends regarding the functional strength of CFC interactions. An anterior predominance of FCS (API) in  $\delta$ - $\beta$ ,  $\delta$ - $\gamma_1$ ,  $\theta$ - $\beta$ , and  $\theta$ - $\gamma_1$  frequency pairs was observed (Figure 6.a-d) in the majority of mTBI subjects (25, 26, 25, and 24 out of 30 subjects, respectively). Moreover, consistent results among the 30 mTBI subjects were obtained for the right lateralization of functional strength in the  $\beta$ - $\gamma_2$  frequency couple (Figure 6.e; 22 out of 30 subjects). Finally, FCS within bilateral frontal brain regions showed significant higher values for control over mTBI subjects in  $\delta$ - $\beta$ ,  $\delta$ - $\gamma_1$ ,  $\theta$ - $\beta$ , and  $\theta$ - $\gamma_1$  (Fig.7.a-d) and a higher FCS for mTBI over control subjects in  $\beta$ - $\gamma_2$  (Fig.7.e). Our findings demonstrate that frontal brain areas are more vulnerable to brain injury and this is reflected by the lower FCS observed in mTBI subjects compared to controls in four frequency pairs (Fig. 7) (Eierud et al., 2014). These findings based on the  $\delta$  band being the modulating frequency could reflect a lower deactivation of default mode network for mTBI subjects and could be attributed to inhibitory mechanisms activated at resting-state (Dimitriadis et al., 2010b). Findings based on the  $\theta$  band being the modulating frequency could be related with a lower activated level of working memory at rest for mTBI, which can be interpreted as a lower reflex stand-by level ready to be activated during a cognitive task (D'Esposito et al., 1995). The role of activity in the  $\beta$  frequency is less studied and understood. A recent review suggested that activity in

the  $\beta$  frequency band might be associated with the maintenance of motor sets and cognition (Engel and Fries, 2010). The significantly higher FCS for mTBI compared to controls in  $\beta$ - $\gamma_2$  may be associated with a balanced mechanism of the brain to keep the cognition on a quasi-normal level.

In summary, this study first demonstrated that the orchestration of resting-state brain networks is inefficient in mTBI subjects and the key mechanism of this collapse is CFC. Moreover, treating cross-frequency FCGs as tensors, along with internal cross-validation on five frequency pairs, succeeded in separating mTBI subjects from controls with higher than 90% classification accuracy. At a later stage, and using the trained classifier from this dataset, we will test its efficiency on predicting the labels of unknown external datasets. Therefore, MEG-CFC brain networks computed with PAC at rest with a tensorial representation could form a valuable connectomic biomarker for the diagnosis of mTBI.

To provide a robust mapping between brain function at the resting state and during cognition in both healthy and disease subjects, it is necessary to adopt a dynamic functional connectivity approach (Dimitriadis et al., 2010a, 2012a,b,c, 2013a,b, 2014,2015) through the definition of Functional Connectivity Microstates (Dimitriadis et al., 2013a) and/or network microstates (Dimitriadis et al., 2015). Our future studies with mTBI subjects will focus on dynamic cross-frequency coupling, their related microstates, and their symbolic dynamical signature on MEG resting state.

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**Figure 1.** The main steps of the proposed analysis procedure to estimate FCGs and their topological parameters.

**Figure 2.** Group-averaged global efficiency (GE) across subjects for every sensor in control and mTBI subjects for each pair of frequency bands. Larger circles with a black marker represent statistically significant differences between the two groups ( $p < 0.05$ ).

**Figure 3.** Group-averaged local efficiency (LE) across subjects for every sensor in control and mTBI subjects for each pair of frequency bands. Larger circles with a black marker denote statistically significant differences between the two groups ( $p < 0.05$ ).

**Figure 4.** Global (GE) and local efficiency (LE) in control and mTBI subjects across the studied frequency pairs ( $*p < 0.01$ ).

**Figure 5.** The illustration of convex hull of the multidimensional scaling reduction to visualize better the total separation of segregated patterns from all subjects for  $\delta$ - $\beta$  and  $\delta$ - $\gamma_1$ , respectively. Label V denotes the area (volume) of the convex hull.

**Figure 6.** The intra-hemispheric Functional-Coupling Asymmetry (FAI) and anterior-posterior anisotropy (API) in mTBI subjects for each frequency couple.

**Figure 7.** Significant differences of bilateral frontal functional connectivity strength between controls and mTBI patients ( $p < 0.01$ , Wilcoxon rank-sum test;  $p' < p/5$ ; Bonferroni corrected).