### Criteria for assessing likely relevance of sources

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
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| 1 – Highly relevant | Relates to a PNC AND describes the implementation of a HP initiated SMS activity  
OR  
Relates to a PNC and describes training health professionals in SMS  
OR  
Relates to a PNC AND Likely to include description of health professionals views and experiences of SMS in general |
| 2 – Probably relevant | Describes the training of HPs in a SMS approach  
OR  
Describes the implementation of a HP initiated SMS activity  
OR  
Likely to include description of health professionals’ views and experiences of SMS  
OR  
Describes experiences of people with PNCs who have been provided with SMS |
| 3 – Possibly relevant | SMS described but involvement of health professionals is unclear (SMS only)  
OR  
Unclear whether intervention described involves self-management  
OR  
Quantitative data on a SMS intervention  
OR  
Describes the specific self-management support needs of people with PNCs |
| 4 – Likely irrelevant | Does not meet above criteria |

### Definitions

PNCs= Progressive neurological conditions—Multiple Sclerosis, Motor Neuron Disease (includes ALS), Huntington’s, Parkinson’s, Progressive Supranuclear Palsy. (exclude dementia, exclude acute brain injury, exclude stroke)

SMS = Self-management support – Apply definition used by Mills et al (1) Must include at least one of the following life skills: problem solving, decision-making, resource utilisation, patient-provider relations, taking action, goal setting and/or confidence building mechanisms. Must involve a patient-centred or empowerment approach to learning (vs traditional education approach of one way transmission of information)

HPs = Health professionals that work within the NHS – exclude complementary therapists and gym instructors.